



### Steps to Apply for CalFresh

- Step 1** Bring the following items to the CalFresh Outreach Office:
  - Copy of valid State Issued Identification/Military Card or School Identification Card
  - Proof of Income**
    - Last Paystub
    - Proof of Child Support orders
    - Copy of Financial Aid Award Letter (can be obtained on your MyVCCCD student portal)
    - Proof of any other income you receive
  - Proof of Expenses**
    - Lease Agreement/Rent Receipts/Mortgage Statement or Proof of Shelter Expenses (if applicable)
    - Utility Bills (telephone, heat, gas/electricity, water/sewage/garbage, etc.) (If applicable)
    - Child Care Receipts
    - Child Support Payments
    - Proof of any other expenses
- Step 2** Go to the CalFresh Outreach Office (located in the BCS Building) to complete the CalFresh application.
- Step 3** Complete and sign the **Consent for the Release of Confidential Information form** to allow Ventura College to perform follow-up services.
- Step 4** Complete the **CalFresh Student Verification Checklist** form. This form will be provided to you by the CalFresh Outreach Office
- Step 5** Complete the online CalFresh application.

Any questions or for CalFresh application assistance, please contact:

	<b>CalFresh Outreach: John Ruff</b>
Ventura College BCS Building 4667 Telegraph Road Ventura, CA 93003 <a href="http://www.venturacollege.edu">www.venturacollege.edu</a>	PH 805-289-6583 <a href="mailto:john_ruff1@vccd.edu">john_ruff1@vccd.edu</a>



Effective Oct. 1, 2017 – Sept. 30, 2018

# Could I Be Eligible?

People in Household	Gross Monthly Income (200% FPL)	Maximum CalFresh Allotment*
1	\$2,010	\$192
2	\$2,708	\$352
3	\$3,404	\$504
4	\$4,100	\$640
5	\$4,798	\$760
6	\$5,494	\$913

Household = a person living alone or a group of people living together (they do not have to be related) who buy food and make meals together. \*Minimum amount is \$16/month

**Yes/No** Does your household meet the income eligibility to the left?  
**Yes/No** Is anyone in the household a US citizen or LPR (lawful permanent resident)?

**Yes/No** Does anyone in the household receive Supplemental Security Income?

**Yes/No** Is anyone in the household a student? *If yes, please see back for eligibility.*

**Yes/No** Is anyone in the household aged 60 or over OR have a disability? *If yes, special deductions may apply to increase benefit amount from \$16.*

**Yes/No** Does anyone in the household have a child 0-5 years of age?

*Depending on your answers to the above questions, you may be eligible to receive extra money for food each month. (Special eligibility rules may apply)*

**Use your CalFresh EBT and WIC Checks at Farmers' Markets**

To find a Farmers' Market, visit [www.FMfinder.org](http://www.FMfinder.org)

To find a WIC office, visit

<https://m.wic.ca.gov/Clinics/ClinicSearch.aspx>



Funded by USDA SNAP, known in California as CalFresh, an equal opportunity provider and employer, and the California Department of Social Services.

**If you are a student between the ages of 18 and 49, enrolled in at least 6 units, have no meal plan (or have a meal plan that provides ten or less of your meals/week), you must also meet any ONE of the following:**

- Working and getting paid for an average of 20 hours per week OR a total of 80 hours a month
- Approved (or awarded or accepted) for federal or state work study, anticipates working, and has not refused a work assignment (can still be eligible even if a work study job has not begun or is not currently available)
- Students attending community college, receiving Cal Grant A and falling within the following qualifications: unmarried; **AND** 25 years of age or younger; **AND** household income less than \$50,000
- Students attending CSU or UC, receiving Cal Grant A OR B, and falling within the following qualifications: unmarried; **AND** 25 years of age or younger; **AND** household income less than \$50,000
- Ben enrolled in a **state funded program that increases employability** (EOP, EOPS, WIOA, DSPS, SAS, CARE, US McNair, Puente Project, or MESA)
- Be enrolled in a program that **increases employability for current and former foster youth** (Guardian Scholars, FYSI, CAFYES, Chafee (ETC), or Extended Foster Care)
- Be exerting parental control over a dependent household member under the age of 6 OR between the age of 6 and 12 with no adequate childcare (as determined by the county on a case-by-case basis)
- Be a single parent of a dependent household member under the age of 12 AND enrolled full-time (6 units)
- Participating in the CalFresh Employment and Training Program (CFET) or be a recipient of CalWORKS or JOBS

Other things to consider:

- Unpaid internships or volunteer work do not count towards the work requirement
- Students who live with their parents must be 22 years of age or older to apply as an individual household
- International, DACA, and DREAM students may not be eligible, even with a work VISA/SSN