

September

Please contact the VRC to RSVP for events or for questions at 805-289-6060 or Via TEXT at 805-420-2738



2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 HOLIDAY VRC CLOSED	2 VRC Express 12-1pm via ZOOM	3 VETERAN MENTOR PROJECT PILLAR I (Mental & Career Wellness) 10:30 AM @ VRC VRC Express 12-1pm via ZOOM	4 VRC Express 12-1pm via ZOOM	5 1:1 Drop in Therapy Services w/Fernan Diamse, MFT @ VRC 9:00 AM – 1:00 PM
8 Money Mondays w/Financial Aid from 11:00 AM – 1:00 PM @ VRC VRC Express 12-1pm via ZOOM	9 VRC Express 12-1pm via ZOOM	10 VRC Express 12-1pm via ZOOM	11 Readjustment support w/Edwin Solano, LMFT 9:00 AM – 10:30 AM @ VRC VRC Express 12-1pm via ZOOM	12 1:1 Drop in Therapy Services w/Fernan Diamse, MFT @ VRC 9:00 AM – 1:00 PM VRC Express 12-1pm via ZOOM
15 VRC Express 12-1pm via ZOOM	16 VRC Express 12-1pm via ZOOM	17 CALM & CAMARADERIE IN PRACTICE ACTIVITY @ VRC 12 PM -2 PM VRC Express 12-1pm via ZOOM	18 USAF BRANCH BDAY DROP BY FOR CUPCAKES & CAMARADERIE VRC Express 12-1pm via ZOOM	19 COFFEE & CONNECTION FOR FEMALE VETS 9-10:30 AM RUCK, RECONNECT & RESTORE HIKE AT ARROYO VERDE
22 Money Mondays w/Financial Aid from 11:00 AM – 1:00 PM @ VRC VRC Express 12-1pm via ZOOM	23 VRC Express 12-1pm via ZOOM	24 VRC Express 12-1pm via ZOOM	25 Readjustment support w/Edwin Solano, LMFT 9:00 AM – 10:30 AM @ VRC VRC Express 12-1pm via ZOOM	26 1:1 Drop in Therapy Services w/Fernan Diamse, MFT @ VRC 9:00 AM – 1:00 PM VRC Express 12-1pm via ZOOM
29 VRC Express 12-1pm via ZOOM	30 VRC Express 12-1pm via ZOOM			

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