



LAUREL PROJECT

VENTURA COLLEGE FACULTY
& GUEST ARTIST CONCERT SERIES

FORTUNA WIND QUINTET



SUZANNE DUFFY, FLUTE

KIMAREE GILAD, OBOE

SARRA HEY, CLARINET

NICK AKDAG, BASSOON

JON TITMUS, HORN

M O N
O C T

6

12 PM
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**VC PERFORMING
ARTS CENTER**
YUNKER AUDITORIUM
4700 LOMA VISTA RD
VENTURA, CA 93003

FREE ADMISSION

LAUREL PROJECT PRESENTS:

FORTUNA WIND QUINTET

MONDAY, OCTOBER 6, 2025 / 12:00 PM
VENTURA COLLEGE PERFORMING ARTS CENTER
HELEN YUNKER AUDITORIUM

PROGRAM

Quintet Op. 43.....Carl Nielsen
I. Allegro ben Moderato (1865-1931)
II. Menuet
IV. Tema con Variazione

Theme and Variations Op. 35.....Janina Garscia
for flute, clarinet, and bassoon (1920-2004)
1. Theme
2. Var. 1
3. Var. 2
4. Var. 3
5. Var. 4
6. Var. 5
7. Var 6

Wind Quintet No. 2.....Gordon Jacob
1. Prelude (1895-1984)
2. Ostinato
3. Sarabande
4. Scherzetto
5. Finale

SPECIAL THANKS

Anthony Mansueto
Brent Wilson
Gabriel Aragon
Jamie Birkett
Brian Hotchkin
David Howarth
Janeene Nagaoka
Tyson Sauthoff
Laura Solis-Teteris
Vanessa Stotler
Jeanne Tanner

SUPPORT

If you would like to help support programs like these, please consider making a donation to the VC Foundation Music Fund. Gifts in any amount are a vital part of promoting Ventura's homegrown talent. You can donate online, or via text message (text "VCMusic" to 41444).



ARTIST BIOS



Suzanne Duffy is principal flute for Opera San Luis Obispo, San Luis Obispo Master Chorale, Orchestra Novo and Lompoc Pops, and Opera Santa Barbara. She has performed with Palm Beach Opera, Santa Barbara Symphony, Florida Philharmonic, the Indianapolis Symphony, and as guest principal flute for the San Luis Obispo Symphony and Santa Maria Philharmonic.

Performances include Bach's "Musical Offering" Trio Sonata and Stephen Bulla's "Rhapsody" at Cal Poly. She was a featured soloist in Saint-Saëns "Tarantella" with Lompoc Pops. She worked on a recording and recital featuring of Deon N. Price's song cycle, "To All Women Everywhere."

In addition to her private studio, Duffy is a member of the Cal Poly Music Department and has taught at Indiana and Indiana State Universities. Duffy holds degree from Indiana University and Northwestern University and did post-graduate study at SUNY-Stony Brook. She was a member of the New World Symphony, led by artistic director/principal conductor Michael Tilson Thomas.

Duffy's principal teachers have included Carol Wincenc, Peter Lloyd, Walfrid Kujala, Samuel Baron, Mary Louise Poor, and she has participated in master classes with William Bennett, James Galway and the late Geoffrey Gilbert.



Kimaree Gilad, oboist, soloist, recording artist, festival artist and recitalist, is Oboe Faculty at CSU Northridge and Ventura college. Her orchestral performing career includes being a member and featured soloist of the Los Angeles Chamber Orchestra from 1983-2013, press applaud "lyrical melodies with velvety sounds". Has performed with renowned orchestras and ensembles such as the Los Angeles Philharmonic and others.

Ms. Gilad's recordings span orchestral, chamber, film, and contemporary music. She was part of the Grammy Award-winning recording of Penderecki's Credo. Motion picture recordings include the Matrix movies.

In the Festpel in Piteo, Sweden, she was hailed as "the highlight of the program."

ARTIST BIOS



Dr. Sarra Hey-Folick is a Teaching Artist for Youth Orchestra Los Angeles (YOLA), an LA Philharmonic organization as well as the instructor of applied clarinet at California Polytechnic University, San Luis Obispo. Additionally, she frequently plays with local orchestras in both Southern and Central California, including the San Luis Obispo Symphony, Symphony of the Vines, Opera SLO, Lompoc Pops, La Mirada Symphony, and the Ventura College Opera Orchestra. Dr. Hey-Folick holds a DMA in clarinet performance from the University of Nevada, Las Vegas, where she studied the symbolic aspects of time and eternity in Olivier Messiaen's *Quatuor pour la fin du temps*. Prior to her studies at UNLV, Dr. Hey-Folick earned a Master's of Music in performance from the Bob Cole Conservatory of Music at California State University, Long Beach and Bachelor's degrees in music performance and political science from UCLA.



Bassoonist Nicholas Akdag is a current member and artistic team contributor with the Kaleidoscope Chamber Orchestra in Los Angeles. He has performed with various ensembles throughout Europe and North America, and regularly performs throughout southern California. Mr. Akdag studied at the State Conservatory of Music Berlin "Hanns Eisler" (Berlin, Germany) with Prof. Volker Tessmann. He previously received a Master of Music Degree from the Yale University School of Music with Frank Morelli. He has also attended Rice University's Shepherd School of Music and the Idyllwild Arts Academy. Mr. Akdag has served on the faculty at Ventura College since 2015.



Jon Titmus has made a career as a French horn player and an educator in the Los Angeles area. He has performed with the New West Symphony, Los Angeles Master Chorale, Los Angeles Chamber Orchestra, and Pasadena and Pacific Symphonies. As Principal Horn of the Los Angeles Mozart Orchestra, Jon played on the critically acclaimed recordings of Haydn and Mozart symphonies as well as many chamber music concerts. Jon can also be heard as solo horn on the Los Angeles Master Chorale recordings of Dominick Argento's "Te Deum," and Philip Glass's "Itaipu." He has recorded with the New West Symphony, Southwest Chamber Music, the Americus Civil War Band, and numerous movie and television soundtracks. After graduating with an M.A. from CSUN, Jon played with the American Ballet Theatre, the New York City Opera, the Mexico City Opera, and the Coleman Education Concerts. Jon teaches at Los Angeles Pierce College and Ventura College, Santa Monica College, Pepperdine University, the Idyllwild Arts Academy, and the CSUN Youth Orchestra Academy.

UPCOMING PERFORMANCES

SUNDAY, OCTOBER 12

VC Jazz Band & Combos
Fundi Legohn, Director

THURS-SAT. NOVEMBER 1

"Celebration"
VC Symphony Orchestra

THURS-SAT. OCTOBER 23-25, 7:00/3:00 PM

VCPA Musical Theatre:
Frankenstein: The Musical

MONDAY, NOVEMBER 3, 3:00 PM

"Friends in Harmony"
VC Laurel Project