

FALL 2022 ACHA NCHA III Student Survey

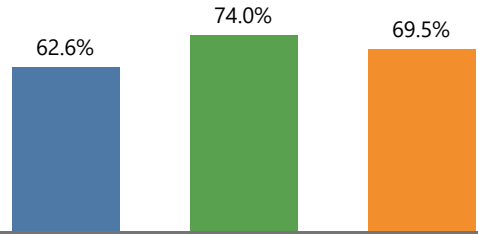
American College Health Association National College Health Assessment

KEY FINDINGS

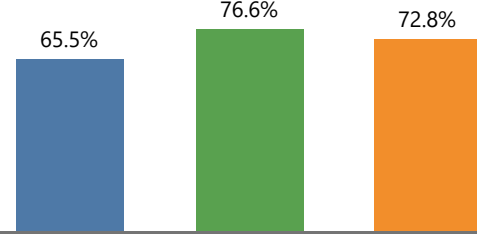
Number of respondents
MC: 680
OC: 971
VC: 557

Sense of Belonging

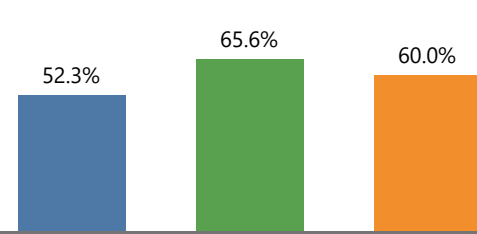
Feel that students' health and well-being is a priority at my college



Feel that the campus climate encourages free and open discussion of health and well-being at my college



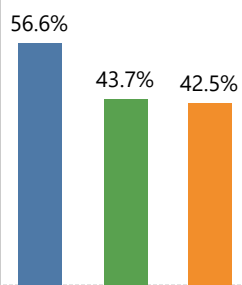
Feel that we look out for each other at my college



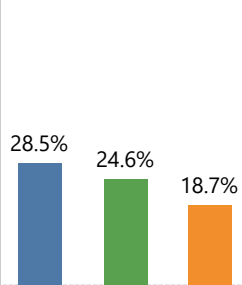
College
MC
OC
VC

Safety on Campus

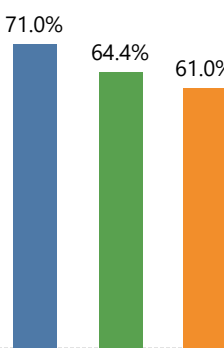
Feel very safe in the community surrounding the campus (daytime)



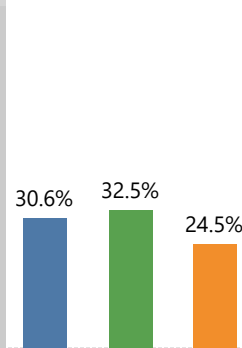
Feel very safe in the community surrounding the campus (nighttime)



Feel very safe on campus (daytime)



Feel very safe on campus (nighttime)



Average Amount of Sleep

Less than 7 hours



7 to 9 hours

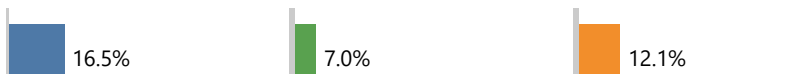


10 or more hours

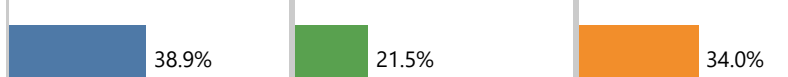


Impediments to Academic Performance

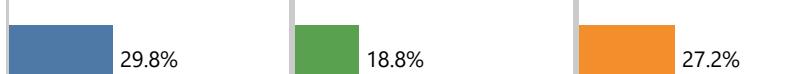
ADHD or ADD



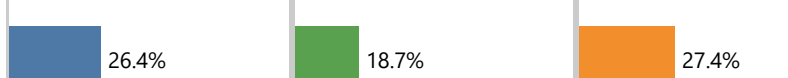
Anxiety



Depression



Sleep difficulties

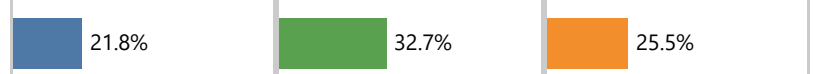


Stress

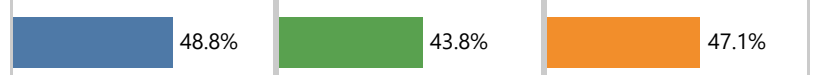


Mental Health and Wellbeing

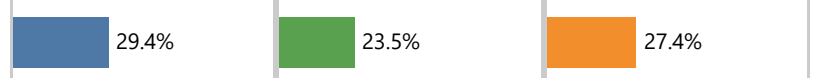
No or low psychological distress



Moderate psychological distress



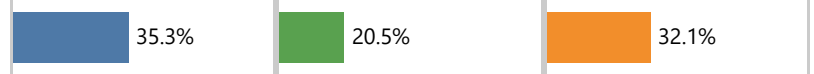
Serious psychological distress



Positive for loneliness



Positive suicidal screening



Suicidal attempt



Challenges or Problems within the last 12 months

Academics



Bullying



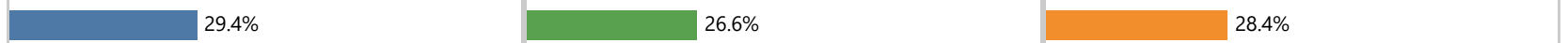
Career



Cyberbullying



Death of family member or someone close



Discrimination



Faculty



Family



Finances



Health of someone close to me



Intimate relationships



Microaggression



Peers



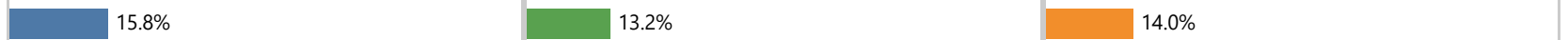
Personal appearance



Procrastination



Roommate/housemate



Sexual Harassment

