

# Racial Justice Resources

## READING LIST

[An Essential Reading Guide For Fighting Racism](#)

[Suggested Readings](#)

How to Be an Antiracist by Ibram X. Kendi

Stamped From the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi

White Rage: The Unspoken Truth of Our Racial Divide by Carol Anderson

Just Mercy: A Story of Justice and Redemption by Bryan Stevenson

American Lynching by Ashraf H.A. Rushdy

Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do by Jennifer L. Eberhardt

White Fragility: Why It's So Hard for White People to Talk about Racism by Robin DiAngelo

The Fire This Time: A New Generation Speaks About Race, edited by Jesmyn Ward

So You Want to Talk About Race by Ijeoma Oluo

White Flight: Atlanta and the Making of Modern Conservatism by Kevin Kruse

Black Feminist Thought: Knowledge, Consciousness, and the Politics of Empowerment by Patricia Hill Collins

Sister Outsider: Essays and Speeches by Audre Lorde

The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander

Eloquent Rage: A Black Feminist Discovers Her Superpower by Brittney Cooper

The Next American Revolution: Sustainable Activism for the Twenty-First Century by Grace Lee Boggs

The Warmth of Other Suns by Isabel Wilkerson

Their Eyes Were Watching God by Zora Neale Hurston

Book Clubs and Study Groups

[“Algorithms Of Oppression” Book Club And Study Group](#)

Free online study group & noncommittal book club

[Noname’s Book Club](#)

Online/irl community dedicated to uplifting POC voices/ authors.” 6 local chapters. Raises funds to send monthly book picks to incarcerated members. Dedicated to supporting local, Black-owned bookstores (not Amazon).

## EDUCATIONAL RESOURCES

[Teaching Tolerance](#)

Resources for teaching race and diversity curriculum in the classroom

[Structural Racism & Police Violence](#)

[The Zinn Education Project](#)

Foundation for teaching the people’s history, founded by Howard Zinn)

[Education Week](#)

Weekly journal addressing current topics affecting education

[Teaching Men of Color](#)

Workshops, speaker and free course materials

[Timeline of Protests](#)

[The American Nightmare](#)

[Afro Central America](#)

[AAC Take Action: Allyship and Resource Doc](#)

[Recursos antirracistas en español](#): Resources in Spanish

## ARTICLES TO READ

[America’s Racial Contract Is Killing Us](#) by Adam Serwer

[Ella Baker and the Black Freedom](#)

[Movement \(Mentoring a New Generation of Activists](#)

[My Life as an Undocumented Immigrant](#) by Jose Antonio Vargas

[The 1619 Project](#) The New York Times Magazine

[The Combahee River Collective Statement](#)

[The Intersectionality Wars](#) by Jane Coaston

[Where do I donate? Why is the uprising violent? Should I go protest?](#)

by Courtney Martin

[Who Gets to Be Afraid in America?](#) by Dr. Ibram X. Kendi

## TOOLKITS

[RaceWorks Toolkit Video Series from Stanford](#)

Academic orientation good for use in explaining

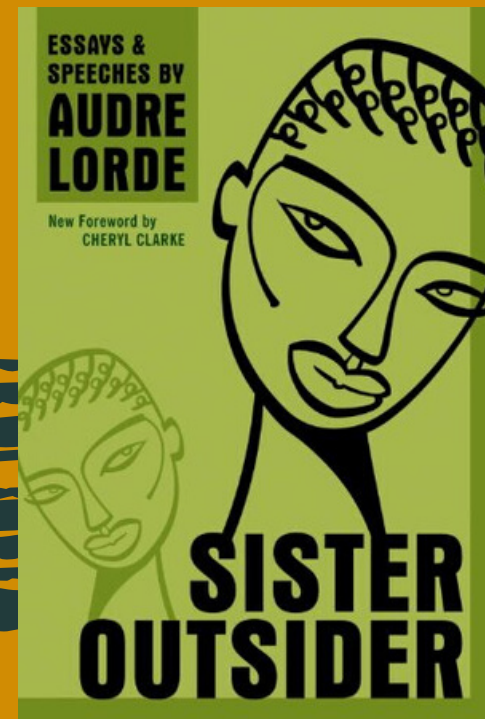
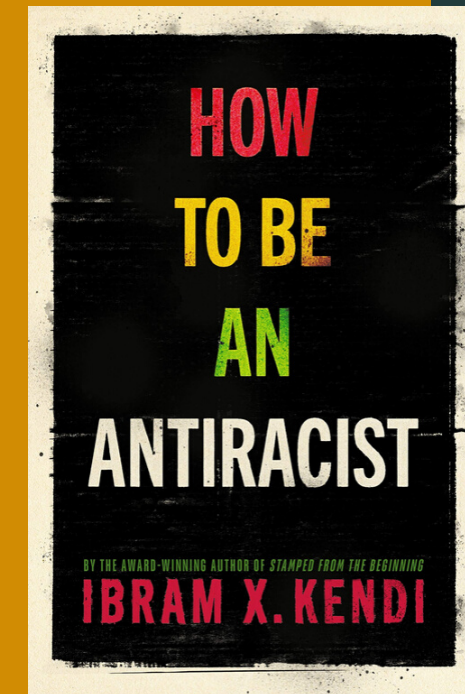
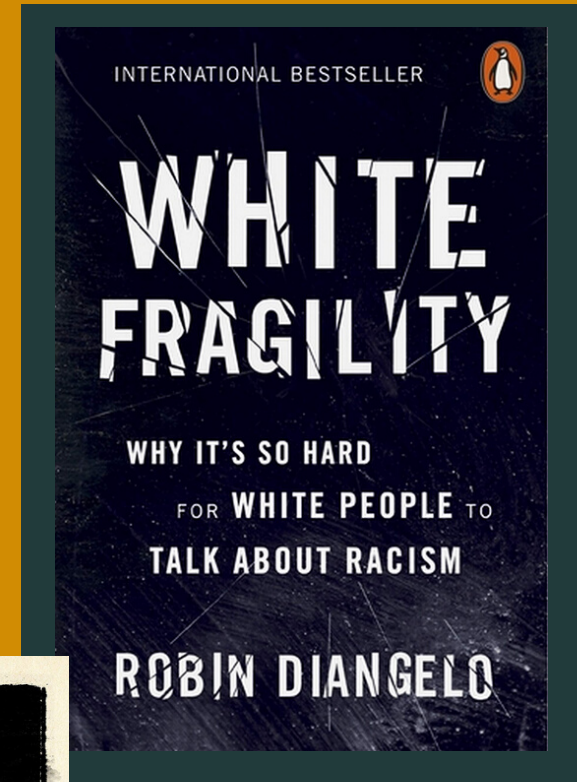
race as a construct

[Justice in June](#)

[White Allyship/Anti-Racism](#)

[How to be a better ally to Black people, reading guide by level](#)

[Where Do I Begin?](#)





# Racial Justice Resources

## PODCASTS

Pod Save the People  
Code Switch  
About Race  
Intersectionality Matters!  
1619  
The Diversity Gap  
Seeing White  
In The Thick

## PODCAST EPISODES

“Abolishing Prisons with Mariama Kaba” on Why is this Happening? Chris Hayes  
Why The Coronavirus Is Hitting Black Communities Hardest NPR Code Switch  
Racism Cont'd What a Day  
About Race Renni Eddo-Lodge  
Why I'm No Longer Talking to White People About Race Renni Eddo-Lodge  
"The Negro In American Culture" 1961 James Baldwin, Langston Hughes, Lorraine Hansberry, Emile Capouya, Alfred  
A Weekend of Pain and Protest (June 1, 2020) Kazin Youtube link to audio  
The Systems That Protect the Police (June 2, 2020) The Daily by The New York Times

## FILM/VIDEO

### Netflix

Time: The Kalief Browder Story  
13th  
Dear White People  
When They See Us  
The Racial Wealth Gap: Explained: S1E1  
American Son  
If Beale Street Could Talk

### Other

Black Power Mixtape: 1967 – 1975  
Just Mercy  
I Am Not Your Negro  
The Hate you Give  
Black & Asian Solidarity in NYC: What We've Learned  
Just Mercy  
Fruitvale Station  
Selma

## VIDEOS TO WATCH

[The Angry Eye \(Jane Elliott\) Video](#)  
[Black Feminism & the Movement for Black Lives](#) Barbara Smith, Reina Gossett, Charlene Carruthers  
[Colorblind or Color Brave?](#) Mellody Hobson  
[Let's Get to the Root of Racial Injustice](#) MMeganMing: Political Science Professor shares her story  
[The Urgency of Intersectionality](#) Kimberle Crenshaw: Gendered Police Violence  
[White Fragility](#) Dr. Robin DiAngelo  
[How Studying Privilege Systems Can Strengthen Compassion](#) Peggy McIntosh  
[James Baldwin Debates William F. Buckley \(1965\)](#) Subject: Has the American Dream Been Achieved at the Expense of the American Negro?  
[James Baldwin on Dick Cavett](#)  
[What happens when I try to talk race with white people](#)  
[White People, Enough: A Look at Power and Control](#)  
[Black Lives Matter & The Question of Violence](#) Gary Younge





# Racial Justice Resources

## ORGANIZATIONS TO FOLLOW ON SOCIAL MEDIA

Antiracism Center [Twitter](#)  
Audre Lorde Project [Twitter](#) | [Instagram](#) | [Facebook](#)  
Black Women's Blueprint [Twitter](#) | [Instagram](#) | [Facebook](#)  
Color Of Change [Twitter](#) | [Instagram](#) | [Facebook](#)  
Colorlines [Twitter](#) | [Instagram](#) | [Facebook](#)  
The Conscious Kid [Twitter](#) | [Instagram](#) | [Facebook](#)  
Equal Justice Initiative (EJI) [Twitter](#) | [Instagram](#) | [Facebook](#)  
Families Belong Together [Twitter](#) | [Instagram](#) | [Facebook](#)  
Showing Up for Racial Justice (SURJ) [Twitter](#) | [Instagram](#) | [Facebook](#)  
SisterSong [Twitter](#) | [Instagram](#) | [Facebook](#)  
Gathering For Justice [Twitter](#) | [Instagram](#)  
The Leadership Conference on Civil & Human Rights [Twitter](#) | [Instagram](#) | [Facebook](#)  
The Movement For Black Lives (M4BL) [Twitter](#) | [Instagram](#) | [Facebook](#)  
MPowerChange [Twitter](#) | [Instagram](#) | [Facebook](#)  
Muslim Girl [Twitter](#) | [Instagram](#) | [Facebook](#)  
NAACP [Twitter](#) | [Instagram](#) | [Facebook](#)  
National Domestic Workers Alliance [Twitter](#) | [Instagram](#) | [Facebook](#)  
RAICES [Twitter](#) | [Instagram](#) | [Facebook](#)  
United We Dream [Twitter](#) | [Instagram](#) | [Facebook](#)  
Black Aids Institute [Twitter](#) | [Instagram](#) | [Facebook](#) | [Youtube](#)  
Transgender District [Instagram](#) | [Facebook](#) | [Youtube](#)  
LGBTQ+ Freedom Fund [Twitter](#) | [Facebook](#)  
Trans Justice Funding Project [Twitter](#) | [Facebook](#)  
The Okra Project [Twitter](#) | [Instagram](#)  
Black Lives Matter [Twitter](#) | [Instagram](#) | [Facebook](#)  
Reclaim the Block [Twitter](#) | [Instagram](#) | [Facebook](#)  
The Conscious Kid [Twitter](#) | [Instagram](#) | [Facebook](#)  
Civil Rights Org [Twitter](#) | [Instagram](#)

## PETITIONS & DONATIONS

[Minnesota Freedom Fund](#)  
[Official George Floyd Memorial Fund](#)  
[Reclaim the Block](#): An effort for Minneapolis to invest in violence prevention, housing, resources for youth, emergency mental health response teams, and solutions to the opioid crisis - not more police  
[I Run With Maud-Justice for Amaud Arbery Fundraiser](#)  
[National Bail Out Fund- Free Black Mamas](#)  
[Justice for Breonna Taylor Petition and Fundraiser](#)  
[Donate to BLM](#)  
[#GeorgesLaw](#)  
[Color of Change: Organizes campaigns to stand up for racial justice](#)  
[Reclaim the Block - Minneapolis](#)  
[Change World's Platform for change](#)  
[Black Visions Collective](#)  
[Campaign Zero](#)  
[The Innocence Project](#)  
[How to Support Black Trans People Right Now](#)  
[NAACP Legal Defense Fund](#)  
[Equal Justice Initiative](#)

## ACTIVISM

[SURJ](#) (Showing up for Racial Justice)  
[Local Chapter Ventura County](#)  
[CAUSE](#) (Central Coast Alliance United for a Sustainable Economy)  
[NAACP](#) (The National Association for the Advancement of Colored People)  
[How to Protest Safely](#)





# RACIAL JUSTICE RESOURCES

## ANTI-RACISM RESOURCES

[Anti-racism Resources for White People](#): Articles, films, podcasts, books, videos and organizations addressing racism

[How to be a Good White Ally](#): Vox article by Emily Stewart

[75 Things White People Can Do for Racial Justice](#)

[Anti-racism Resource Guide](#)

[Anti-racism Resource Guide II](#)

[Tips for Creating Effective White Caucus Groups](#) by Craig Elliott PhD

[White Privilege: Unpacking the Invisible Knapsack](#) by Knapsack Peggy McIntosh

## RESOURCES FOR WHITE PARENTS TO RAISE ANTI-RACIST CHILDREN

### Books

[Coretta Scott King Book Award Winners: books for children and young adults](#)

[31 Children's books to support conversations on race, racism and resistance](#)

### Podcasts

[Parenting Forward](#) podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt'

[Fare of the Free Child](#) podcast

[Integrated Schools](#) podcast episode "Raising White Kids with Jennifer Harvey"

### Articles

[How White Parents Can Talk To Their Kids About Race](#) NPR

[Teaching Your Child About Black History Month](#) PBS

[Your Kids Aren't Too Young to Talk About Race: Resource Roundup](#) from Pretty Good

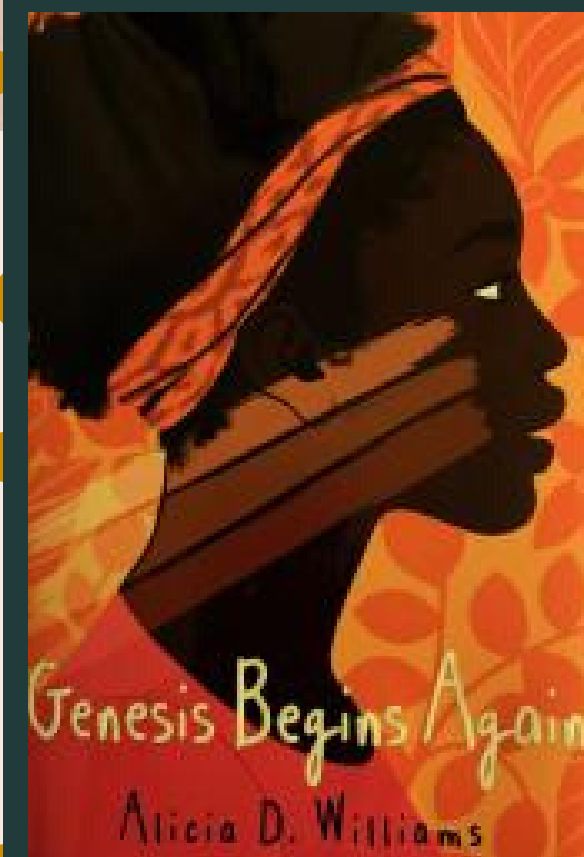
The Conscious Kid: follow them on [Instagram](#) and consider signing up for their [Patreon](#)

### Videos to Watch

[Let's Get to the Root of Racial Injustice](#) MMEganMing: Political Science Professor shares her story

[White Fragility](#) Dr. Robin DiAngelo

[How Studying Privilege Systems Can Strengthen Compassion](#) Peggy McIntosh



# More resources to check out

## MENTAL HEALTH RESOURCES

### **Liberate**

Liberate a meditation app for the Black, Indigenous, and People of Color community. Listen to dozens of guided meditations to ease anxiety, find gratitude, heal internalized racism and micro-aggressions and celebrate Blackness

### **The Safe Place**

"The Safe Place" Is a Minority Mental Health App geared towards the Black Community. African Americans are 20% more likely to experience serious mental health problems than the rest of the general population.

### **Ethyl's Club**

From the website: "...Our mission is...[to] create healing spaces that center and celebrate people of color through conversation, wellness and creativity.

### **Inclusive Therapists**

A guide for finding a therapist. "Care from a therapist who gets you  
Terapia con un profesional que te entiende." Allows a search by identity and location

[Ventura College Student Health Center](#)

805-289-6346 | [mjones@vcccd.edu](mailto:mjones@vcccd.edu)

## MORE!

[75 Things White People Can Do for Racial Justice](#)

[What is Juneteenth?](#)

[Anti-Racism Project](#)

[Jenna Arnold's resources \(books and people to follow\).](#)

[Rachel Ricketts' anti-racism resources](#)

[Resources for White People to Learn and Talk About Race and Racism](#)

[Save the Tears: White Woman's Guide](#) by Tatiana Mac

[Showing Up For Racial Justice's educational toolkits](#)

[The \[White\] Shift on Instagram](#)

["Why is this happening?" – an introduction to police brutality from 100 Year Hoodie](#)

[Zinn Education Project's teaching materials](#)

[Businesses led by black women+](#)

[Black-owned food businesses in L.A.](#)

[support LA's Black-owned restaurants](#)

[lgbtq+ pride apparel from black-owned businesses](#)

[67 black owned wineries](#)

[Black-owned small businesses](#)

[1,000+ Black-Owned etsy shops](#)

[Black-Hosted podcasts](#)

[Black-owned restaurants in Ventura county](#)