READING LIST

An Essential Reading Guide For Fighting Racism

Suggested Readings
How to Be an Antiracist by Ibram X. Kendi
Stamped From the Beginning: The Definitive History of Racist Ideas in America by Ibram X. Kendi
White Rage: The Unspoken Truth of Our Racial Divide by Carol Anderson
Just Mercy: A Story of Justice and Redemption by Bryan Stevenson
American Lynching by Ashraf H.A. Rushdy
Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do by Jennifer L. Eberhardt
White Fragility: Why It’s So Hard for White People to Talk about Racism by Robin DiAngelo
The Fire This Time: A New Generation Speaks About Race, edited by Jesmyn Ward
So You Want to Talk About Race by Ijeoma Oluo
White Flight: Atlanta and the Making of Modern Conservatism by Kevin Kruse
Black Feminist Thought: Knowledge, Consciousness, and the Politics of Empowerment by Patricia Hill Collins
Sister Outsider: Essays and Speeches by Audre Lorde
The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
Eloquent Rage: A Black Feminist Discovers Her Superpower by Brittney Cooper
The Next American Revolution: Sustainable Activism for the Twenty-First Century by Grace Lee Boggs
The Warmth of Other Suns by Isabel Wilkerson
Their Eyes Were Watching God by Zora Neale Hurston

Book Clubs and Study Groups

“Algorithms Of Oppression” Book Club And Study Group
Free online study group & noncommittal book club
Noname’s Book Club

Online/irl community dedicated to uplifting POC voices/ authors.” 6 local chapters. Raises funds to send monthly book picks to incarcerated members. Dedicated to supporting local, Black-owned bookstores (not Amazon).

EDUCATIONAL RESOURCES

Teaching Tolerance
Resources for teaching race and diversity curriculum in the classroom
Structural Racism & Police Violence
The Zinn Education Project
Foundation for teaching the people’s history, founded by Howard Zinn)
Education Week
Weekly journal addressing current topics affecting education
Teaching Men of Color
Workshops, speaker and free course materials
Timeline of Protests
The American Nightmare
Afro Central America
AAC Take Action: Allyship and Resource Doc
Recursos antirracistas en español: Resources in Spanish

ARTICLES TO READ

America’s Racial Contract Is Killing Us by Adam Serwer
Ella Baker and the Black Freedom Movement (Mentoring a New Generation of Activists
My Life as an Undocumented Immigrant by Jose Antonio Vargas
The 1619 Project The New York Times Magazine
The Combahee River Collective Statement
The Intersectionality Wars by Jane Coaston
Where do I donate? Why is the uprising violent? Should I go protest? by Courtney Martin
Who Gets to Be Afraid in America? by Dr. Ibram X. Kendi

TOOLKITS

RaceWorks Toolkit Video Series from Stanford
Academic orientation good for use in explaining race as a construct
Justice in June
White Allyship/Anti-Racism
How to be a better ally to Black people reading guide by level
Where Do I Begin?
Racial Justice Resources

PODCASTS
Pod Save the People
Code Switch
About Race
Intersectionality
Matters!
1619
The Diversity Gap
Seeing White
In The Thick

PODCAST EPISODES
“Abolishing Prisons with Mariama Kaba” on Why is this Happening? Chris Hayes
Why The Coronavirus Is Hitting Black Communities Hardest NPR Code Switch
Racism Cont’d What a Day
About Race Renni Eddo-Lodge
Why I’m No Longer Talking to White People About Race Renni Eddo-Lodge
“The Negro In American Culture” 1961 James Baldwin, Langston Hughes, Lorraine Hansberry, Emile Capouya, Alfred
A Weekend of Pain and Protest (June 1, 2020) Kazin Youtube link to audio
The Systems That Protect the Police (June 2, 2020) The Daily by The New York Times

FILM/VIDEO
Netflix
Time: The Kalief Browder Story
13th
Dear White People
When They See Us
The Racial Wealth Gap: Explained: S1E1
American Son
If Beale Street Could Talk

Other
Just Mercy
I Am Not Your Negro
The Hate you Give
Black & Asian Solidarity in NYC: What We’ve Learned
Just Mercy
Fruitvale Station
Selma

VIDEOS TO WATCH
The Angry Eye (Jane Elliott) Video
Black Feminism & the Movement for Black Lives Barbara Smith, Reina Gossett, Charlene Carruthers
Colorblind or Color Brave? Mellody Hobson
Let’s Get to the Root of Racial Injustice MMeganMing: Political Science Professor shares her story
The Urgency of Intersectionality Kimberle Crenshaw: Gendered Police Violence
White Fraility Dr. Robin DiAngelo
How Studying Privilege Systems Can Strengthen Compassion Peggy McIntosh
James Baldwin Debates William F. Buckley (1965) Subject: Has the American Dream Been Achieved at the Expense of the American Negro?
James Baldwin on Dick Cavett
What happens when I try to talk race with white people
White People Enough: A Look at Power and Control
Black Lives Matter & The Question of Violence Gary Younge
Racial Justice Resources

ORGANIZATIONS TO FOLLOW ON SOCIAL MEDIA

Antiracism Center Twitter
Audre Lorde Project Twitter | Instagram | Facebook
Black Women's Blueprint Twitter | Instagram | Facebook
Color Of Change Twitter | Instagram | Facebook
Colorlines Twitter | Instagram | Facebook
The Conscious Kid Twitter | Instagram | Facebook
Equal Justice Initiative (EJI) Twitter | Instagram | Facebook
Families Belong Together Twitter | Instagram | Facebook
Showing Up for Racial Justice (SURJ) Twitter | Instagram | Facebook
SisterSong Twitter | Instagram | Facebook
The Leadership Conference on Civil & Human Rights Twitter | Instagram | Facebook
The Movement For Black Lives (M4BL) Twitter | Instagram | Facebook
MPowerChange Twitter | Instagram | Facebook
Muslim Girl Twitter | Instagram | Facebook
NAACP Twitter | Instagram | Facebook
National Domestic Workers Alliance Twitter | Instagram | Facebook
RAICES Twitter | Instagram | Facebook
United We Dream Twitter | Instagram | Facebook
Black Aids Institute Twitter | Instagram | Facebook | Youtube
Transgender District Instagram | Facebook | Youtube
LGBTQ+ Freedom Fund Twitter | Facebook
Trans Justice Funding Project Twitter | Facebook
The Okra Project Twitter | Instagram
Black Lives Matter Twitter | Instagram | Facebook
Reclaim the Block Twitter | Instagram | Facebook
The Conscious Kid Twitter | Instagram | Facebook
Civil Rights Org Twitter | Instagram

PETITIONS & DONATIONS

Minnesota Freedom Fund
Official George Floyd Memorial Fund
Reclaim the Block: An effort for Minneapolis to invest in violence prevention, housing, resources for youth, emergency mental health response teams, and solutions to the opioid crisis - not more police
I Run With Maud: Justice for Arnaud Arbery Fundraiser
National Bail Out Fund-Free Black Mamas
Justice for Breonna Taylor Petition and Fundraiser
Donate to BLM
#GeorgeSlaw
Color of Change: Organizes campaigns to stand up for racial justice
Reclaim the Block - Minneapolis
Change World’s Platform for change
Black Visions Collective
Campaign Zero
The Innocence Project
How to Support Black Trans People Right Now
NAACP Legal Defense Fund
Equal Justice Initiative

ACTIVISM

SURJ (Showing up for Racial Justice)
Local Chapter Ventura County
CAUSE (Central Coast Alliance United for a Sustainable Economy)
NAACP (The National Association for the Advancement of Colored People)
How to Protest Safely
**RACIAL JUSTICE RESOURCES**

**ANTI-RACISM RESOURCES**
- Anti-racism Resources for White People: Articles, films, podcasts, books, videos and organizations addressing racism
- How to be a Good White Ally, Vox article by Emily Stewart
- 75 Things White People Can Do for Racial Justice
- Anti-racism Resource Guide
- Anti-racism Resource Guide II
- Tips for Creating Effective White Caucus Groups by Craig Elliott PhD
- White Privilege: Unpacking the Invisible Knapsack by Knapsack Peggy McIntosh

**RESOURCES FOR WHITE PARENTS TO RAISE ANTI-RACIST CHILDREN**

**Books**
- Coretta Scott King Book Award Winners: books for children and young adults
- 31 Children’s books to support conversations on race, racism and resistance

**Podcasts**
- Parenting Forward podcast episode ‘Five Pandemic Parenting Lessons with Cindy Wang Brandt’
- Fare of the Free Child podcast
- Integrated Schools podcast episode “Raising White Kids with Jennifer Harvey”

**Articles**
- How White Parents Can Talk To Their Kids About Race NPR
- Teaching Your Child About Black History Month PBS
- Your Kids Aren’t Too Young to Talk About Race: Resource Roundup from Pretty Good
- The Conscious Kid: follow them on Instagram and consider signing up for their Patreon

**Videos to Watch**
- Let’s Get to the Root of Racial Injustice, MMeganMing: Political Science Professor shares her story
- White Fragility, Dr. Robin DiAngelo
- How Studying Privilege Systems Can Strengthen Compassion, Peggy McIntosh
More resources to check out

MENTAL HEALTH RESOURCES

Liberate
Liberate a meditation app for the Black, Indigenous, and People of Color community. Listen to dozens of guided meditations to ease anxiety, find gratitude, heal internalized racism and micro-aggressions and celebrate Blackness.

The Safe Place
"The Safe Place" is a Minority Mental Health App geared towards the Black Community. African Americans are 20% more likely to experience serious mental health problems than the rest of the general population.

Ethyl's Club
From the website: "Our mission is to create healing spaces that center and celebrate people of color through conversation, wellness and creativity.

Inclusive Therapists
A guide for finding a therapist. "Care from a therapist who gets you Terapia con un profesional que te entiende." Allows a search by identity and location.

Ventura College Student Health Center
805-289-6346 | mjones@vcccd.edu

MORE!

75 Things White People Can Do for Racial Justice
What is Juneteenth?
Anti-Racism Project
Jenna Arnold's resources (books and people to follow)
Rachel Ricketts' anti-racism resources
Resources for White People to Learn and Talk About Race and Racism
Save the Tears: White Woman's Guide by Tatiana Mac
Showing Up For Racial Justice's educational toolkits
The White Shift on Instagram
"Why is this happening?" — an introduction to police brutality from 100 Year Hoodie
Zinn Education Project's teaching materials
Businesses led by black women+
Black-owned food businesses in L.A.
support LA's Black-owned restaurants
lgbtq+ pride apparel from black-owned businesses
67 Black owned wineries
Black-owned small businesses
1,000+ Black-Owned etsy shops
Black-Hosted podcasts
Black-owned restaurants in Ventura county