Ventura College	**Department: Physical Education, page 1** For each course, use an x to identify the core competencies that are given a major emphasis and are measured.	PE V01	PE V02	PE V03	PE V04	PE V06	PE V07	PE V09	PE V10	PE V12	PE V14	PE V15	PE V17	PE V18	PE V19	PE V20	PE V21	PE V21L	PE V22	PE V26
Communication	1.1 Read, retain, and apply published ideas																			
	1.2 Write clearly and accurately																			
	1.3 Speak clearly in formal and informal settings																			
	1.4 Demonstrate active listening skills / effective interpersonal communication																			
	1.5 Employ vocabulary of the subject studied																			
	1.5 Become proficient in a second language																			
Information Competency	2.1 Recognize need for information; clarify the question to be answered																			
	2.2 Differentiate between major and minor arguments or ideas																			
	2.3 Find and interpret relevant information																			
	2.4 Evaluate authority and bias of information																			
	2.5 Utilize data to draw conclusions or to create new information																			
	2.6 Document sources of information																			
	2.7 Use technology to acquire and process information																			
Critical Thinking	3.1 Evaluate own beliefs, biases, and assumptions																			
	3.2 Evaluate strengths, weaknesses, and fallacies of logic																			
	3.3 Apply lessons from the past or learned knowledge to new situations																			
	3.4 Apply principles of scientific reasoning to solve problems																			
	3.5 Approach problems by choosing from variety of mathematical techniques																			
	3.6 Defend a logical hypothesis to explain observed phenomenon																			
	3.7 Recognize a problem; devise and implement a plan of action																			
Creative Expression	4.1 Express one's self creatively or solve problems in an original way																			
	4.2 Collaborate to perform the work of others or to create original work																			
	4.3 Apply feedback to improve performance																			
	4.4 Evaluate diverse artistic works																			
Civic Responsibility	5.1 Demonstrate knowledge of current events and social issues																			
	5.2 Work effectively as a leader or participant in group settings																			
	5.3 Assume civic, political, or social responsibilities																			
	5.4 Identify personal convictions and explore options for putting into practice																			
	5.5 Accept responsibility for own actions																			
	5.6 Demonstrate respect for diversity of ideas and the rights of others																			
	5.7 Exhibit personal, professional, and academic honesty																			
	5.8 Display behavior consistent with ethical standards within a discipline																			
Social Interaction & Life Skills	6.1 Work as an effective member of a team																			
	6.2 Demonstrate etiquette in face-to-face and written communications																			
	6.3 Use language as appropriate to the situation																			
	6.4 Utilize conflict resolution skills when appropriate																			
	6.5 Demonstrate the ability to give and receive constructive feedback																			
	6.6 Apply time management skills to complete a task																			
	6.7 Develop stress management skills or other skills to maintain health																			

Ventura College	**Department: Physical Education, page 2** For each course, use an x to identify the core competencies that are given a major emphasis and are measured.	PE V27	PE V28	PE V29	PE V30	PE V31	PE V32	PE V33	PE V34	PE V35	PE V36	PE V37	PE V38	PE V39	PE V40	PE V41	PE V42	PE V43	PE V44	PE V45
Communication	1.1 Read, retain, and apply published ideas							See CJ V12A	See CJ V12B											
	1.2 Write clearly and accurately																			
	1.3 Speak clearly in formal and informal settings																			
	1.4 Demonstrate active listening skills / effective interpersonal communication																			
	1.5 Employ vocabulary of the subject studied																			
	1.5 Become proficient in a second language																			
Information Competency	2.1 Recognize need for information; clarify the question to be answered																			
	2.2 Differentiate between major and minor arguments or ideas																			
	2.3 Find and interpret relevant information																			
	2.4 Evaluate authority and bias of information																			
	2.5 Utilize data to draw conclusions or to create new information																			
	2.6 Document sources of information																			
	2.7 Use technology to acquire and process information																			
Critical Thinking	3.1 Evaluate own beliefs, biases, and assumptions																			
	3.2 Evaluate strengths, weaknesses, and fallacies of logic																			
	3.3 Apply lessons from the past or learned knowledge to new situations	x	x	x	x											x				
	3.4 Apply principles of scientific reasoning to solve problems																			
	3.5 Approach problems by choosing from variety of mathematical techniques																			
	3.6 Defend a logical hypothesis to explain observed phenomenon																			
	3.7 Recognize a problem; devise and implement a plan of action	x	x	x	x															
Creative Expression	4.1 Express one's self creatively or solve problems in an original way																			
	4.2 Collaborate to perform the work of others or to create original work																			
	4.3 Apply feedback to improve performance					x	x			x		x	x	x		x				
	4.4 Evaluate diverse artistic works																			
Civic Responsibility	5.1 Demonstrate knowledge of current events and social issues																			
	5.2 Work effectively as a leader or participant in group settings														x					
	5.3 Assume civic, political, or social responsibilities																			
	5.4 Identify personal convictions and explore options for putting into practice																			
	5.5 Accept responsibility for own actions	x	x	x	x										x		x	x		x
	5.6 Demonstrate respect for diversity of ideas and the rights of others														x	x	x	x		x
	5.7 Exhibit personal, professional, and academic honesty														x		x	x		x
	5.8 Display behavior consistent with ethical standards within a discipline					x	x										x	x	x	x
Social Interaction & Life Skills	6.1 Work as an effective member of a team	x	x	x	x															
	6.2 Demonstrate etiquette in face-to-face and written communications																			
	6.3 Use language as appropriate to the situation																			
	6.4 Utilize conflict resolution skills when appropriate																			
	6.5 Demonstrate the ability to give and receive constructive feedback	x	x	x	x	x	x					x	x						x	
	6.6 Apply time management skills to complete a task																			
	6.7 Develop stress management skills or other skills to maintain health					x	x			x	x			x				x	x	x

Ventura College	**Department: Physical Education, page 3** For each course, use an x to identify the core competencies that are given a major emphasis and are measured.	PE V46	PE V47	PE V48	PE V49	PE V50	PE V51	PE V52	PEV 53	PE V54	PE V55	PE V56	PE V57	PE V58	PE V59	PE V60	PE V61	PE V62	PE V63	PE V64
Communication	1.1 Read, retain, and apply published ideas																			
	1.2 Write clearly and accurately																			
	1.3 Speak clearly in formal and informal settings																			
	1.4 Demonstrate active listening skills / effective interpersonal communication						x										x	x	x	
	1.5 Employ vocabulary of the subject studied																		x	
	1.5 Become proficient in a second language																			
Information Competency	2.1 Recognize need for information; clarify the question to be answered																			
	2.2 Differentiate between major and minor arguments or ideas																			
	2.3 Find and interpret relevant information																			
	2.4 Evaluate authority and bias of information																			
	2.5 Utilize data to draw conclusions or to create new information																			
	2.6 Document sources of information																			
	2.7 Use technology to acquire and process information																			
Critical Thinking	3.1 Evaluate own beliefs, biases, and assumptions																			
	3.2 Evaluate strengths, weaknesses, and fallacies of logic																			
	3.3 Apply lessons from the past or learned knowledge to new situations																			
	3.4 Apply principles of scientific reasoning to solve problems																			
	3.5 Approach problems by choosing from variety of mathematical techniques																			
	3.6 Defend a logical hypothesis to explain observed phenomenon																			
	3.7 Recognize a problem; devise and implement a plan of action																			
Creative Expression	4.1 Express one's self creatively or solve problems in an original way																			
	4.2 Collaborate to perform the work of others or to create original work																			
	4.3 Apply feedback to improve performance			x	x		x		x						x		x	x	x	x
	4.4 Evaluate diverse artistic works																			
Civic Responsibility	5.1 Demonstrate knowledge of current events and social issues																			
	5.2 Work effectively as a leader or participant in group settings																	x		x
	5.3 Assume civic, political, or social responsibilities																			
	5.4 Identify personal convictions and explore options for putting into practice																			
	5.5 Accept responsibility for own actions					x	x	x			x									
	5.6 Demonstrate respect for diversity of ideas and the rights of others					x					x									
	5.7 Exhibit personal, professional, and academic honesty					x		x	x		x									
	5.8 Display behavior consistent with ethical standards within a discipline							x	x		x	x	x		x					
Social Interaction & Life Skills	6.1 Work as an effective member of a team						x					x	x	x	x		x	x	x	
	6.2 Demonstrate etiquette in face-to-face and written communications																			
	6.3 Use language as appropriate to the situation																			
	6.4 Utilize conflict resolution skills when appropriate																			
	6.5 Demonstrate the ability to give and receive constructive feedback						x										x	x	x	
	6.6 Apply time management skills to complete a task																			
	6.7 Develop stress management skills or other skills to maintain health	x	x	x	x	x				x	x	x	x			x				

Ventura College	**Department: Physical Education, page 4** For each course, use an x to identify the core competencies that are given a major emphasis and are measured.	PE V65	PE V67	PE V68	PE V69	PE V70	PE V71	PE V76	PE V78	PE V79	PE V80	PE V81	PE V82	PE V83	PE V84	PE V85	PE V86	PE V87	PE V88	PE V89
Communication	1.1 Read, retain, and apply published ideas																			
	1.2 Write clearly and accurately																			
	1.3 Speak clearly in formal and informal settings																			
	1.4 Demonstrate active listening skills / effective interpersonal communication	x	x		x				x	x			x			x				
	1.5 Employ vocabulary of the subject studied	x								x										
	1.5 Become proficient in a second language																			
Information Competency	2.1 Recognize need for information; clarify the question to be answered				x								x							
	2.2 Differentiate between major and minor arguments or ideas																			
	2.3 Find and interpret relevant information																			
	2.4 Evaluate authority and bias of information																			
	2.5 Utilize data to draw conclusions or to create new information																			
	2.6 Document sources of information																			
	2.7 Use technology to acquire and process information																			
Critical Thinking	3.1 Evaluate own beliefs, biases, and assumptions																			
	3.2 Evaluate strengths, weaknesses, and fallacies of logic																			
	3.3 Apply lessons from the past or learned knowledge to new situations																			
	3.4 Apply principles of scientific reasoning to solve problems																			
	3.5 Approach problems by choosing from variety of mathematical techniques																			
	3.6 Defend a logical hypothesis to explain observed phenomenon																			
	3.7 Recognize a problem; devise and implement a plan of action				x								x	x						
Creative Expression	4.1 Express one's self creatively or solve problems in an original way																			
	4.2 Collaborate to perform the work of others or to create original work			x																
	4.3 Apply feedback to improve performance	x	x	x	x		x	x		x	x	x	x	x	x	x	x	x		
	4.4 Evaluate diverse artistic works																			
Civic Responsibility	5.1 Demonstrate knowledge of current events and social issues																			
	5.2 Work effectively as a leader or participant in group settings			x			x	x						x				x		
	5.3 Assume civic, political, or social responsibilities																			
	5.4 Identify personal convictions and explore options for putting into practice																			
	5.5 Accept responsibility for own actions	x	x						x					x	x	x			x	x
	5.6 Demonstrate respect for diversity of ideas and the rights of others						x	x		x								x		
	5.7 Exhibit personal, professional, and academic honesty					x	x	x	x						x			x	x	x
	5.8 Display behavior consistent with ethical standards within a discipline														x					
Social Interaction & Life Skills	6.1 Work as an effective member of a team	x	x	x	x	x			x	x	x	x	x	x	x	x	x			
	6.2 Demonstrate etiquette in face-to-face and written communications																			
	6.3 Use language as appropriate to the situation																			
	6.4 Utilize conflict resolution skills when appropriate																			
	6.5 Demonstrate the ability to give and receive constructive feedback	x	x	x						x	x	x				x	x		x	x
	6.6 Apply time management skills to complete a task																		x	x
	6.7 Develop stress management skills or other skills to maintain health																			

Ventura College	**Department: Physical Education, page 5** For each course, use an x to identify the core competencies that are given a major emphasis and are measured.	PE V 90	PE V91	PE V92	PE V93	PE V94	PE V95	PE V96	PE V97	PE V98	PE V99									
Communication	1.1 Read, retain, and apply published ideas																			
	1.2 Write clearly and accurately																			
	1.3 Speak clearly in formal and informal settings																			
	1.4 Demonstrate active listening skills / effective interpersonal communication								■											
	1.5 Employ vocabulary of the subject studied																			
	1.5 Become proficient in a second language																			
Information Competency	2.1 Recognize need for information; clarify the question to be answered																			
	2.2 Differentiate between major and minor arguments or ideas																			
	2.3 Find and interpret relevant information																			
	2.4 Evaluate authority and bias of information																			
	2.5 Utilize data to draw conclusions or to create new information																			
	2.6 Document sources of information																			
	2.7 Use technology to acquire and process information																			
Critical Thinking	3.1 Evaluate own beliefs, biases, and assumptions																			
	3.2 Evaluate strengths, weaknesses, and fallacies of logic																			
	3.3 Apply lessons from the past or learned knowledge to new situations																			
	3.4 Apply principles of scientific reasoning to solve problems																			
	3.5 Approach problems by choosing from variety of mathematical techniques																			
	3.6 Defend a logical hypothesis to explain observed phenomenon																			
	3.7 Recognize a problem; devise and implement a plan of action		■							■	■									
Creative Expression	4.1 Express one's self creatively or solve problems in an original way																			
	4.2 Collaborate to perform the work of others or to create original work																			
	4.3 Apply feedback to improve performance		■			■			■	■	■									
	4.4 Evaluate diverse artistic works																			
Civic Responsibility	5.1 Demonstrate knowledge of current events and social issues																			
	5.2 Work effectively as a leader or participant in group settings		■						■	■	■									
	5.3 Assume civic, political, or social responsibilities																			
	5.4 Identify personal convictions and explore options for putting into practice																			
	5.5 Accept responsibility for own actions	■	■				■	■	■	■	■									
	5.6 Demonstrate respect for diversity of ideas and the rights of others																			
	5.7 Exhibit personal, professional, and academic honesty	■					■	■												
	5.8 Display behavior consistent with ethical standards within a discipline																			
Social Interaction & Life Skills	6.1 Work as an effective member of a team		■	■	■	■			■	■	■									
	6.2 Demonstrate etiquette in face-to-face and written communications																			
	6.3 Use language as appropriate to the situation																			
	6.4 Utilize conflict resolution skills when appropriate																			
	6.5 Demonstrate the ability to give and receive constructive feedback	■				■	■	■	■											
	6.6 Apply time management skills to complete a task	■					■	■												
	6.7 Develop stress management skills or other skills to maintain health																			