

## Associate Degree for Transfer - Kinesiology

### STUDENT ADVISING GUIDE

#### KINESIOLOGY FOR TRANSFER



Associate Degree for Transfer  
A Degree with a Guarantee.<sup>SM</sup>

The Associate in Arts in Kinesiology for Transfer Degree (Kinesiology AA-T) is intended for students who plan to complete a bachelor's degree in a similar major at a CSU campus. Students completing the degree are guaranteed admission to the CSU system, but not to a particular campus or major.

A student graduating with an Associate in Arts in Kinesiology for Transfer Degree may transfer to a CSU campus to complete a Bachelor's Degree in Kinesiology or similar programs.

#### To earn a Kinesiology AA-T degree, students must complete:

1. Certified completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
  - a. The Intersegmental General Education Transfer Curriculum (IGETC-CSU) or the California State University General Education-Breadth Requirements.
  - b. A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
2. Obtainment of a minimum grade point average of 2.0 on transfer courses.
3. Obtainment of a "C" grade or better in all courses required for the major or area of emphasis.
4. Complete a minimum of 12 units in residency at the college granting the degree.

#### REQUIRED CORE (14 units):

		UNITS
KIN V81	Fundamentals of Kinesiology	3
ANAT V01	General Human Anatomy	4
PHSO V01	Introduction to Human Physiology	4

#### Select three (3) courses from the following areas, (no more than one [1] course per area.)

##### AQUATICS

KIN V02	Swimming I	1
KIN V03	Swimming II	1
KIN V04	Swimming III	1
KIN V06	Swimming IV	1

##### COMBATIVES

KIN V50A/ CJ V11A	Aikido I	1
KIN V52	Self Defense and Assault Prevention	1
KIN V76A	Tai Chi I	1

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### **FITNESS**

KIN V10	Aerobic and Strength Training	1
KIN V14	Step Aerobics	1
KIN V20	Walking to Restore Fitness	1
KIN V22	Running for Fitness	1
KIN V26	Weight Training and Conditioning: Free Weights	1

### **INDIVIDUAL SPORTS**

KIN V42A	Golf I	1
KIN V44A	Tennis I	1

### **TEAM SPORTS**

KIN V40A	Basketball I	1
KIN V46A	Volleyball I	1
KIN V46B	Volleyball II	1
KIN V48A	Soccer I	1

### **LIST A**

Select two (2) of the following courses (6 -9 units):

BIOL V12	Principles of Human Biology	3
CHEM V01A	General Chemistry I	3
<b>AND</b>		
CHEM V01AL	General Chemistry I Laboratory	2
KIN V80	First Aid, Safety, AED and CPR for the Professional	3
MATH V44	Elementary Statistics	4
<b>OR</b>		
PSY V04	Introductory Statistics for the Social and Behavioral Sciences	4

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Major Units	20 -23
CSU General Education or IGETC-CSU Pattern	
37-39 Electives (CSU transferable units to reach 60)	
3-16 Double-Counted Units	
7-13	
	<b>DEGREE TOTAL</b>
	<b>60</b>

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Please refer to Course Identification System (C-ID) website for course number  
[http://www.c-id.net/course\\_compare.html](http://www.c-id.net/course_compare.html)

Transfer requirements may differ. If you plan to transfer to a UC campus or a college or university other than CSU. See a counselor or consult [www.assist.org](http://www.assist.org)

Program effective Fall Semester 2014.

Approved on 10/22/14 by the California Community College Chancellor's Office.

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(MH 6/17)