Hi, my name is Fabiola Fuentes. I am the newest member of the EOPS office. I am a bilingual clerical Assistant and will be at the front counter in the EOPS office. I transferred from the Oxnard College EOPS; and although I will terribly miss all the friends I made there, I am very happy to be a part of the wonderful Ventura College team. My goal and priority is to assist you in any possible way to continue making your road to success a tangible reality. I’m looking forward to meeting you all.

Hi, my name is Jennifer McCracken. I am a new addition to your Ventura College EOPS office. I am excited to be part of the EOPS team and look forward to meeting you. If I can be of any assistance please don’t hesitate to ask. See you soon!

Fabiola Fuentes & Jennifer McCracken

EOPS is here to help! Don’t be shy!
You can make some great friends! Woo Hoo!
And reach all your goals! Awesome!

EOPS Welcomes our Peer Advisors!

From left to right: Angel, Laura, Van, Andrea & Michaela
We at EOPS take great pride in the accomplishments of our students. This month we are highlighting a student who has accomplished some really great things! Our congratulations go out to her! We are very proud of you!

This month our editors sat with Heather Banales to learn more about what motivates her to have the success that she has had during her time here at VC. Heather just completed her degree in the Fall of 2013, earning an Associate of Arts Degree with a Social/Behavioral Sciences Area of Emphasis. She is currently completing her courses to apply to the Radiology Program at Santa Barbara City College. Heather states that when attending school, it’s important to look at the long run and to be 100% dedicated to class work. She admits that there will be lots of struggles and that it is important to focus on balancing work and family responsibilities. At one point, Heather stated that she wanted to quit school, but she decided to stay, realizing that by completing one class at a time helped her to feel more determined, just like when you lose weight. Heather states that her inspiration comes from her 5 year-old son and husband. She wants her son to be proud of her. She is 100% dedicated to her family stating that she wants to pay attention to her son, so she doesn’t study when he is awake. In talking to Heather we learned that some of Heather’s family members now come to school. In our view, she has been a great role model to them! We are proud of you Heather!

an eops student offers advice:

If you ever feel like dropping a class because it is getting rough and confusing, stop, think and then ask yourself why are you taking that class in the first place. How long will the class that you may have dropped affect your transfer time? After thinking long and hard about it, do you still want to drop it? Don’t let a small problem push you back from your destination! Take a chance and take a risk! You can’t have a rainbow without any rain!

Ruby
Many years ago a man walked through the South to meet a lady friend carrying but a nickel in his pocket.

His self-esteem was compromised because he had only a nickel to his name. As he strolled down the street, he noticed a pair of old horse shoe nails beside the road.

He picked them up and added them to his petty fortune in his pocket, jingling them to announce his assets.

He then felt proud and walked with his head a little higher.

The executive committee of the California Community College Extended Opportunity Programs and Services adopted the Nickel and Nails symbolizing aid offered to students.

In the same way the Nickel and Nails worked for the man, EOPS works to increase self-esteem, enhance pride in one’s work, and foster personal dignity.

EOPS intends to motivate students and enable them to effectively define and pursue career goals. EOPS wants to help students find something to jingle in their pockets.

The nails being twisted, represents the enigma still needing to be unraveled for helping students who have been limited through societal circumstances in meeting the challenge of education.

At this time of year, an instructor is selected by EOPS students to receive the Nickel and Nails Award.

Deadline to vote in the EOPS Office -

April 18, 2014
Bryanna Aguilar
Diana Albarran
Francisco Alvarez
Angel Aragon
Mara Bactad
Giovanni Bautista
Billie Beard
Tram Bui
Lee Calayag
Magdalena Carriedo
Evelyn Ceja
Irisela Contreras
Jasmine Dominguez
Yesenia Estrada
Jason Fay
Rosalio Galaviz
Natalie Gallardo
Guadalupe Gaona
Cindy Garcia
Dianelli Gomez
Stephanie Gomez
Marissa Hurtado
Enrique Jimenez
Leanne Lara
Teaira Lockwood
Diego Lopez
Michelle A Lopez
Rebeca Lopez
Daniel Martinez
Nelly Martinez
Noel Medina
Paola Medina
Sara Medina
Maria G Mendez
David Moran
Helen Moreno
Meryem Nafi
Daniela Navarro
Phong K Nguyen
Alexa Nicolecyson
Gabriela Olivas
Jose E Perez
Maria E Perez
Alma Ramirez
Yesenia Rosas
Christopher Salvio
Manuel Sanchez
Ricardo Sanchez
Royce Shropshire
Patricia Stevenson
Pat Thomas
Thuy Tran

Jennifer Acevedo
Christina Alamillo
Kevin Almonte
Rocio Alvarez
Nallely Angeles
Enrique Arroyo Jr
Anthony Balsach
Jose Barrera
Nuvia Barretto
Alejandra Bonilla
Eliseo Bonilla
Karla Bonilla
Angelica Boyle
Yareli Camarena Arvizu
Kristen Cappellucci
Rosa E Cervantes
Jada Chambers
Jessica Corrales
Hilda Davila
Abigail Favela
Jessica Gama
Miguel Garcia
Andrea Gomez
Georgina Gomez
Maria Guerrero
Elvira R Hernandez
Joanna L Hernandez
Ivan Herrera
Cathy Hilton
Thomas Huber
Rosa Johnson
Joel Leon
Isel Longoria
Brandon Lopez
Luis Lopez
Anna Luna
Anna Maestas
Angel Magallanes
Dalia Magana
Lizet Magana
Maryann Magana
Perla Martinez
Wanda McCoy
Victoria Molina
Jocelyn Munganay
Gustavo Muro Jr
April Pacheco
Daniel Pacheco
Taylor Petrides
Berenice Ramirez
Rebekah Ramirez
Diana Reyes
Maria Rodriguez
Kirolos Rizk
Juan Romero
Brenda Sanchez
Lilyana Sepulveda
Jasmine Silva
Yesenia Silva
Lorelle Tankerlsy
Cheyenne Timmerman
Brenda Topete
Kannie Valdivinos
Ariana Vasquez
Gladis Vega
Miriam Velez Sanchez
Clarisa Ventura
Aaron Walugembe Kajumba
Frederick D Waters
Andrew Wilson
Jessica Zamudio
El Espejo / The Mirror is a source of information designed to keep Extended Opportunity Programs and Services students advised of pertinent facts and issues on campus and in the community.

Unsigned editorials are a consensus of the staff. El Espejo / The Mirror is published during the academic year by EOPS.

The EOPS office may be reached at 805-654-6302. Opinions and comments should be addressed to: EOPS Department, 4667 Telegraph Rd., Ventura, CA 93003.

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EOPS Coordinator / Advisor
Paula S. Muñoz

EOPS counselors
Robert Chaparro
Tim Suel

EOPS program assistant
Laura Hilton

Newsletter Layout and Design
Robert Chaparro

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Feed a Pirate
Food for Thought
Every Monday in April, in the Student Activities Office, food will be distributed to students in need 11:30-1:30pm each day (while supplies last)

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EOPS Updates Online
Check the EOPS page on the Ventura College website- venturacollege.edu, for ongoing Espejo updates throughout the semester.

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An Evening with the Stars
Recognition Night to honor Graduates, Dean’s List, Transfer and Scholarship Winner
May 2, 2014
Come into the EOPS Office to make your reservations before 4/25/14.

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EOPS Office Hours
Monday - Thursday
8 am to 7 pm
Friday
8 am to 4 pm

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EOPS Priority Registration
For Summer 2014
May 5-9, 2014 9a-12pm & 1-4pm
*EOPS Counselor Approved Course form/SEP Required
*Need to have 2 Spring '14 EOPS Counselor appointments*

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Attention Graduation Applicants
We encourage all of you who completed a Graduation Application to participate in the Graduation Ceremony. EOPS will be providing you with a voucher to buy your cap and gown. Come into the EOPS Office to pick one up! Graduation is on May 21 at 10:00 am. Robert will be a reader of names at the graduation and looks forward to reading your name!