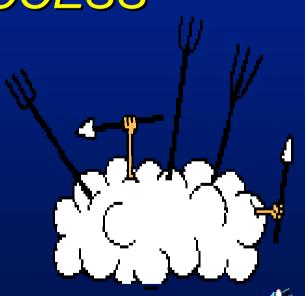


EMPOWERING STUDENTS WITH THE TOOLS FOR ACADEMIC SUCCESS

VENTURA COLLEGE SCHOOL OF NURSING Claudia Peter RN, Ed.D



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IIII LEARNING PROBLEMS

WHAT WOULD YOU LIKE

YOUR STUDENTS TO DO

DIFFERENTLY?????

PROBLEM

- Graduation rates :
 - CC: 36% earn certificate/ AA degree 47% not enrolled any longer
 Yet---- 86% of CC students expect to earn a 4yr degree
 - 4 yr: 6/10 earn degree in 6 yrs25% lost in first year
- Nontraditional students lost
 ***46% AA graduate
 ***54% low income graduate
- **1** Lack of social integration
- 1 Lack of learning skills, motivation and responsibility for own learning



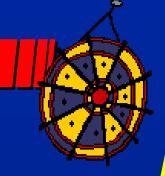
PASS

PROGRAM FOR ACADEMIC STUDENT SUCCESS



III LESSONS LEARNED





PASS PROGRAM GOALS

- ➤ ID& recruit at-risk students to PASS
- ➤ Implement student counseling, tutoring and support program
- > Track at risk student success
- Develop faculty coaches & orient faculty to PASS

III PASS TEAM

- Faculty coaches
- Tutors
 - Peer
 - Lab Manager
- Retention and Progression Committee
 - Nursing Faculty
 - PASS Coordinator
 - Counselors
 - EAC Learning Specialist & Liason



LEARNING MODEL SKILL



SELF-REGULATION

WILL

Program For Academic Student Success

PASS

WHAT IS IT?



III AT RISK IDENTIFICATION

- Nurse Entrance Test
- > LASSI

Learning and Study Strategies Inventory

FUTURE

- GPA / Science GPA
- Repetition of Science Prerequisites

III NET SCALES

- Mathematics
- Reading comprehension
 - 10th grade
 - Critical thinking
- Test taking
- Stress Level
- Learning styles
- Social interaction



III NET RESULTS

 Review results and recommendations (Math – workshops, PT, Math 30)

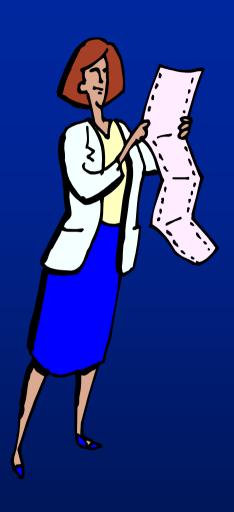
At risk identification – FC

- Individual review
 - Learning plans
 - Referrals



III LASSI SCALES

- Test taking
- Anxiety
- Select main idea
- Information processing
- Study aids
- Concentration
- Attitude
- Motivation
- Self testing
- Time management



LASSI RESULTS

 Group review with recommendations

(Self testing – PT, study grp, EAC workshops, Note-making and test taking workshops; review tests)

- At risk identification
- Individual review
 - Learning plan
 - Referrals



FACULTY COACHING



ID At-risk students

Monthly meetings

Goal-setting worksheet

Referrals

GOAL SETTING WORKSHEET

- Concerns
- Planning
 - My specific learning goals for this month are:
 - I will know I have accomplished my goals by:
 - Actions or steps I will take to accomplish these goals

GOAL SETTING WORKSHEET

- Problem-Solving
 - Possible blocks that may interfere with my goals:
 - If I need help I can go to:
 - My confidence in reaching my goal:

- 0 13 25

– none very confident

GOAL SETTING WORKSHEET

- Evaluation
 - My satisfaction in reaching my goal:
 - **-** 0 13 25
 - unsatisfiedvery satisfied

 Reasons for attaining or not attaining my goal:

III Counseling and EAC

- □ Counseling
 - ■Early at risk ID
 - □Checklist for pre-nursing referrals
- **□**Educational Assistance
 - Learning Disability
 - □Skill Workshops



III Nursing Readiness

- □ At risk ID
- Learning Styles
- Skills
 - ■Study strategies
 - □Note-making
 - □Test-taking
 - □Stress Reduction
 - Dosage Calculation
 - ☐ Medical terminology



III Nursing Readiness

- Nursing Process
- Nursing Culture
- □ Resources Campus and PASS
- Nursing Program
 - □Conceptual framework
 - □Structure
 - Expectations
 - □Skill Lab



Orientation

- Expectations old students
- Resources and referrals
- Answer Questions
- Reduce Anxiety
- Student handbook
- Study Skills and Time management Workshops
- Sense of community
- Library Tour

SUCCESS WORKSHOPS

- Study Skills
- > Time Management
- Test Taking
- Note-making
- Reading texts for ma
- Dosage Calculation
- Concept mapping
- Stress Reduction



NOTE-MAKING

Store in LTM

Review, review

Recite aloud

Link new to old and organize

Learn to be safe and competent

Active listening

Rephrase

Attend class

Read texts

IIII Note Making

Chronological order

Shorthand

Diagrams and pictures

Tape lectures

| | | Note Making

Self testing

- ID Main Concepts
- Add info later
- Definitions
- Questions you have
- Test Questions

Notes

- * Summarize/paraphrase
- * Main ideas outline
 - 1. Major detail
 - 2. Major detail
 - a. minor detail
 - b. minor detail

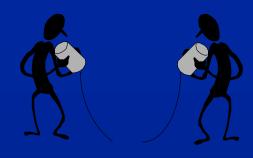
III Note – making exercise

- Discuss process
 - ID main ideas from text
 - Use objectives to select main ideas
- Teams take notes on 2 3 pages
- You show them your notes
- Discuss why you selected info

IIII Note Making

- Review notes within 6 h
- Compare notes with study buddy
- Highlight main ideas
 - Select single word for each section
 - Fill in left hand column
- Cover and recite (self-testing)
- Relate to own life
- Review all notes weekly

🎹 Support from others 🚲



Study GroupGuidelines

Lab Manager

- Communication
 - E-groups



Peer Tutoring

- Selection
- Recognition

IIII Support – Lab manager

- Teach dosage calculation
- Tutor math
- Tutor nursing care planning
- Remediation of skills in lab
- Remediation in clinical
- Testing skills in lab
- Testing skills in clinical
- Referrals



IIII E-groups – Yahoogroups.com

- Communication- professional only
- Support
- Files
 - Care plan forms
 - assignments
- Web links
 - Hear lung and heart sounds
 - Compare and contrast medicare/medical
- Assignments for the semester



PEER TUTOR

 Volunteer for minimum of 1 hour per week

 Meet every week not just before tests

No phone tutoring

PEER TUTORS - confidential

Answer questions courteously

Explain difficult concepts



 Quiz tutee on <u>important</u> course content. Anticipate student errors and difficult areas.

PEER TUTOR

Ask tutee to diagram concepts/processes



- Review the tutee's answers to objectives.
 - Ask them to explain their answers.
 - Provide cue cards to prompt the tutee.
 - Give the tutee feedback. Tell them how well they are learning.

Peer tutor

Go from Simple to complex content



 Present info in small steps – do not overwhelm

 Provide examples of expert work for the tutee to model (nursing care plans or research papers)

Peer tutor

- Explain part of the concept and let the tutee complete the explanation.
 - Use flowcharts, pictures, drawings, flashcards, and charts to organize and explain information.
 - Build on previously learned information. For example, review
 A& P before of respiratory system before patho for asthma

STUDY GROUPS - Goals

- Identify main ideas
- Understand difficult concepts
- Develop study skills
- Improve motivation
- Support group

IIII Study groups



- Members participate weekly
- 5 members or less
- Membership constant
- Meet same day / time / place
- Leader tracks attendance
- 2 hours

III Study groups - process

 20 min – review main ideas in lecture and assigned readings

- 40 min ask questions and clarify
- 10 min break
- 30 min self test with quiz games
- 30 min summarize answers to objectives and/or review NCLEX-RN questions

Study groups - process

- Stay on task
- Come with questions for clarification



- Model learning strategies
 - Diagram difficult concepts on board
 - Make outlines, concept maps, compare and contrast charts
- Bring 6 quiz questions
- Encourage all to participate



- □ NS20 High Risk Course
 - **□**Case Studies

Supplemental instruction

- Course Cr/No Cr (2 credits)
 - Midterm registration 1 credit

- Not instructor
 - Student co leader -
 - » Voice of experience
- Meet several days after lecture
 - Need time to review notes
 - Read materials

ACADEMIC SUCCESS



Higher retention rates

□ Self-reports of changes in learning behaviors and beliefs

SUCCESS

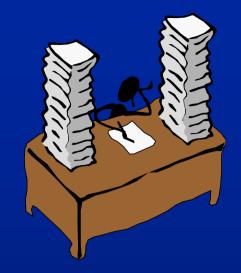


- Nursing Readiness
 - $\overline{-}$ Avg grade in NS10 = 83%
 - ***Improved math skills
 - "Read"
 - Tips for test taking
 - Better note taker
 - Aware of what to expect
 - Resources

Orientation

- How to be successful
- What is expected
- Resources
- There is always help available





- Note-Making Skills
 - Added information to notes from text

Compared notes with peers for main ideas

Use objectives and key concepts

Note making

- Mapped concepts & drew diagrams
- Outlined texts & notes
- Paraphrased main ideas in own word
- Made up own test questions

Seek Support of Others

Exam Reviews with Faculty

- Learned about resources



PEER TUTORS

- Understanding not memorization
- □ Identified and clarified concepts
- □ Generated questions & self-tested
- □ Reviewed notes for main ideas
- Came prepared

STUDY GROUPS

- Quizzed each other
- **■** Reduced stress by sharing work
- Felt accountable /came prepared
- Felt capable
- Answered objectives and study guides
- **■** Made diagrams and concept maps
- Modeled study skills note-making
- Explained difficult concepts to each other

> Self - Esteem

 Boosted my self-esteem and gave me confidence

Felt good about myself

Found I wasn't the only one seeking help

III SUPLEMENTAL INSTRUCTION



- Helped understand concepts
- Became more organized
- No procrastination
- Read assignments before class
- Reviewed my notes every night

FACULTY COACH Learning Changes



- Identified strengths & weaknesses
- Developed plans & monitored progress
- Identified what "to do differently"

--SELF REGULATION---

FACULTY COACHING-Learning Changes

»SELF REGULATION

- Recognized I wasn't working hard
- Came to lecture
- Made sure I understood criteria & expectations before I started assignments

FACULTY COACHING Learning Changes

- > Will Motivation
 - Encouraged me to work harder
 - Set and prioritized goals and then said "I did it!"

FACULTY COACHING-Learning Changes

Motivation - Will

- Encouragement
- Got a lot of support knew I could do it