Test Taking Tips

- Get enough sleep before taking an exam so that you are rested and able to focus on the exam.
- Eat a light meal at least an hour before taking an exam. Avoid carbohydrates, which may cause you to be drowsy.
- Use the restroom facilities before taking an exam.
- Come prepared with all testing materials needed for the exam such as pens, pencils, scantrons, etc.
- Show up at least 5 minutes early to take the exam and allow for the full allotted time available.
- Think positive, take a deep breath and exhale slowly to reduce test anxiety.
- Be aware of the time so that you can budget your exam time wisely. A watch is recommended.
- Read the exam directions carefully and thoroughly first.
- Skim the entire exam so that you are fully aware of what is required.
- Read each of the exam questions carefully to assure understanding.
- Answer the easiest questions first and if you come to a problem that is difficult skip to the next one and go back to it later.
- Answer the questions with the most points value first.
- Assure that you have answered every question with any extra time remaining.
- Review your answers and change only the ones where you are confident that you answered it wrong.
- Make sure you put your name on the exam.
- Concentrate on your exam and do not be concerned if other students finish before you.