

1981	PTS.	1987	PTS.
1. Glendale	114	1. Santa Monica	59
2. West L.A.	95	2. Moorpark	58
3. Ventura	85	3. Bakersfield	52
4. Santa Barbara	64	4. Allan Hancock	49
5. Moorpark	48	5. Ventura	47
6. Oxnard	27	6. Glendale	46
7. Compton	14	6. Santa Barbara	46
8. Canyons	2	8. Cuesta	39
9. L.A. Trade Tech.	0	9. Oxnard	36
9. Antelope Valley	0		
9. Allan Hancock	0	1988	
		1. Cuesta	55.5
1982		2. Santa Monica	54.5
1. Ventura	151	3. Moorpark	53.5
2. West L.A.	90	3. Bakersfield	53.5
3. Santa Barbara	52	5. Ventura	51.5
4. Allan Hancock	47	6. Glendale	44.5
5. Glendale	40	7. Santa Barbara	44
6. Moorpark	37	8. Oxnard	39
7. Compton	29	9. Allan Hancock	36
8. Antelope Valley	14		
		1989	
1983		1. Bakersfield	173
1. Ventura	12	2. Moorpark	97
2. Allan Hancock	9	3. Glendale	88.5
2. Cuesta	9	4. Santa Barbara	79
4. Oxnard	4	5. Ventura	65
4. Santa Barbara	4	6. Santa Monica	64.5
4. Taft	4	7. Cuesta	53
		8. L.A. Valley	21
1984		9. Oxnard	14
1. Ventura	15	10. West L.A.	4
2. Santa Barbara	12	11. Canyons	0
3. Oxnard	9		
4. Cuesta	6	1990	
5. Taft	3	1. Bakersfield	183
		2. L.A. Valley	120
1985		3. Glendale	115.5
1. Cuesta	18	4. Moorpark	113
2. Moorpark	15	5. Ventura	102
3. Ventura	12	6. Santa Barbara	59
4. Santa Barbara	9	7. Cuesta	34
5. Taft	4	8. Santa Monica	33
6. Allan Hancock	3	9. Oxnard	10.5
7. Oxnard	2	10. Canyons	5
		11. West L.A.	4
1986			
1. Moorpark	21		
2. Cuesta	18		
3. Ventura	13		
4. Santa Barbara	11		
5. Taft	10		
6. Allan Hancock	6.5		
7. Oxnard	4.5		

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1991	PTS.	1995	PTS.
1. L.A. Valley	189	1. Moorpark	130
2. Santa Barbara	99	2. Santa Monica	122
3. Bakersfield	98	3. Cuesta	119
4. Moorpark	84	4. Bakersfield	111
5. Santa Monica	75	5. Ventura	75
6. Ventura	65	6. Glendale	65
7. Cuesta	60	7. Canyons	46
8. Glendale	57	8. L.A. Valley	34
9. Oxnard	21	9. Allan Hancock	27
10. Canyons	15	10. Santa Barbara	23
10. West L.A.	15	11. West L.A.	19

1992		1996	
1. Moorpark	134	1. Bakersfield	212
2. Santa Barbara	111	2. Santa Monica	127
3. L.A. Valley	104.5	3. Ventura	109.5
4. Santa Monica	102	4. Santa Barbara	79
5. Bakersfield	96	5. Glendale	78
6. Cuesta	86.5	6. L.A. Valley	70
7. Glendale	74	7. Moorpark	67.5
8. Ventura	34	8. Canyons	62
9. West L.A.	20	9. Cuesta	35
10. Canyons	16	10. West L.A.	17
		11. Allan Hancock	8

1993		1997	
1. Santa Monica	190	1. Bakersfield	260
2. Moorpark	107	2. Santa Barbara	107
3. Glendale	86.5	3. Moorpark	106.5
4. L.A. Valley	76	4. L.A. Valley	99
5. Bakersfield	74	5. Ventura	90
6. Ventura	41	6. Santa Monica	70
7. Cuesta	40	7. Cuesta	57.5
8. Santa Barbara	28	8. Glendale	38
9. Canyons	13.5	9. West L.A.	28
		10. Allan Hancock	11
		11. Canyons	10

1994		1998	
1. Santa Monica	167	1. Moorpark	232.5
2. Glendale	116	2. Santa Barbara	167
3. Ventura	80.5	3. Bakersfield	153.5
4. Moorpark	67	4. Ventura	84
5. Bakersfield	52	5. L.A. Valley	74
6. Canyons	49	6. Cuesta	48
7. Cuesta	48	7. Santa Monica	45
8. West L.A.	34.5	8. Antelope Valley	41
9. Santa Barbara	32	9. Glendale	33
10. L.A. Valley	16	10. West L.A.	11
		11. Allan Hancock	10
		12. Canyons	6

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1999	PTS.	2001	PTS.
1. Moorpark	205	1. Moorpark	198
2. Bakersfield	176.5	2. West L.A.	167

3. Santa Barbara	94	3. Bakersfield	96.5
4. Antelope Valley	77	4. Glendale	82
5. Ventura	54	5. Citrus	67
6. Santa Monica	46	6. Ventura	40
7. Cuesta	45	7. Cuesta	39.5
8. Glendale	43	8. Santa Monica	35
9. Allan Hancock	39	9. Canyons	22
10. Citrus	31	10. Santa Barbara	17.5
11. Canyons	22.5	11. Allan Hancock	13
12. L.A. Valley	20	12. L.A. Valley	2.5
13. West L.A.	17		

2000

1. Moorpark	188
2. Bakersfield	136
3. West L.A.	101
4. Ventura	93
5. Glendale	82
6. Cuesta	56
7. Santa Monica	54
8. Santa Barbara	49
9. Canyons	44
10. Citrus	42
11. Allan Hancock	28
12. L.A. Valley	23
13. Antelope Valley	13

WESTERN STATE CONFERENCE TITLES

1. Moorpark	7
2. Bakersfield	4
3. Santa Monica	3
Ventura	3
5. Cuesta	2
6. Glendale	1
L.A. Valley	1

WESTERN STATE CONFERENCE STANDINGS (1981-01)

	YRS.	1	2	3	4	5	6	7	8	9	10	11	12	13
1. Moorpark	19	7	5	1	3	1	1	1						
2. Bakersfield	15	4	2	5	1	3								
3. Santa Monica	15	3	3	0	1	2	2	2	2					
4. Ventura	21	3	0	5	3	6	3	0	1					
5. Cuesta	19	2	2	1	1	0	3	7	1	2				
6. Glendale	17	1	1	4	1	3	3	1	2	1				
7. L.A. Valley	13	1	1	1	1	1	2	0	2	0	1	0	3	
8. Santa Barbara	21	0	4	2	6	0	2	1	3	1	2			
9. West L.A.	14	0	3	1	0	0	0	1	1	1	4	2	0	1
10. Allan Hancock	14	0	1	0	2	0	2	0	0	4	0	5		
11. Oxnard	10	0	0	1	1	0	1	2	1	4				
12. Taft	4	0	0	0	1	3								
13. Antelope Valley	5	0	0	0	1	0	0	0	2	1	0	0	0	1
14. Citrus	3	0	0	0	0	1	0	0	0	0	2			
15. Canyons	14	0	0	0	0	0	1	1	2	3	4	2	1	
16. Compton	2	0	0	0	0	0	0	2						
17. L.A. Trade Tech.	1	0	0	0	0	0	0	0	0	1				

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WESTERN STATE CONFERENCE WOMEN'S TRACK AND FIELD (1981-01)

NOTE: These records are from championship meet only.

WOMEN

100 METERS	YEAR	TIME	400 METERS	YEAR	TIME
1. Leesa Agent, Taft	1985	11.8	1. Melissa Quicke, Ventura	1977	55.2
Gwen Gardner, West L.A.	1982	11.8	2. Gwen Gardner, West L.A.	1982	55.3

3. Anicia Rimm, Ventura	1998	12.0	3. Melanie Clarke, L.A. Valley	1991	55.6
4. Leesa Agent, Taft	1986	12.1	4. McCall, Taft	1986	56.1
Gail Douglas, Compton	1977	12.1	5. Gwen Gardner, West L.A.	1981	56.2
Jennifer Frank, Cuesta	1995	12.1	6. Owens, Cuesta	1986	56.3
Stephanie Nevels, Santa Monica	1988	12.1	7. Hall, Moorpark	1986	56.5
Stacy Peterson, Santa Barbara	1991	12.1	8. Darcel Minton, Compton	1981	56.8
Julia Turing, Cuesta	1988	12.1	9. Monique Jessie, West L.A.	2001	56.9
10. Dana Boudin, Santa Monica	1988	12.2	10. Chrystall DeNaeyer, Moorpark	1998	57.0
Aisha Harrison, Bakersfield	1997	12.2	Collen Gavin, Moorpark	1989	57.0
Aladrian Hunter, West L.A.	1982	12.2	12. Melanie Clarke, L.A. Valley	1990	57.4
Toorop, Santa Barbara	1984	12.2	Sabrina Brown, L.A. Valley	1992	57.4
Jennifer Willis, West L.A.	1981	12.2	Brendakaye Wells, Bakersfield	1988	57.4
15. Lynette Christian, West L.A.	1994	12.3	15. Margie Brown, Cuesta	1994	57.7
Simone Cain, Ventura	1990	12.3	Jesica Shugart, Santa Barbara	1998	57.7
Misty Coston, Bakersfield	2001	12.3	17. Stephanie Fabia, Glendale	2001	57.9
Vanitta Kinard, Santa Monica	1995	12.3	18. Marcia Michael, Bakersfield	1993	58.0
Shaunte Parker, L.A. Valley	1991	12.3	19. Latanya Davenport, Santa Monica	1992	58.1
Nikywa Prevost, L.A. Valley	1990	12.3	20. Erika Wilson, West L.A.	2001	58.2
Grace Smart, Glendale	1997	12.3	21. Lani Friese, Santa Barbara	1989	58.3
			Casey Holman, Bakersfield	2001	58.3
			Kim Montgomery, L.A. Valley	1992	58.3

200 METERS	YEAR	TIME	800 METERS	YEAR	TIME
1. Gwen Gardner, West L.A.	1982	23.8	1. Kathryn Krieger, Cuesta	1989	2:13.8
2. Simone Cain, Ventura	1990	24.1	2. Shari Ewing, Glendale	1981	2:14.7
3. Gwen Gardner, West L.A.	1981	24.5	3. Allen, Santa Barbara	1985	2:16.5
4. Nikwya Prevost, L.A. Valley	1990	24.6	Jones, Cuesta	1985	2:16.5
5. Leesa Agent, Taft	1985	24.7	Kathryn Krieger, Cuesta	1988	2:16.5
6. Julia Turing, Cuesta	1988	24.8	6. Ali Owen, Santa Barbara	1984	2:17.6
7. Gail Douglas, Compton	1977	24.9	7. Gabbe Aispuro, Bakersfield	1997	2:18.1
8. Leesa Agent, Taft	1986	25.0	8. Noelle Righter, Moorpark	1991	2:18.4
9. Melanie Clarke, L.A. Valley	1991	25.1	9. Stephanie Sampo, Cuesta	1992	2:19.6
10. Donna Rowe, West L.A.	1982	25.2	10. Gabbe Aispuro, Bakersfield	1996	2:19.8
11. Erin Brzezinski, Moorpark	2001	25.3	Chrystall DeNaeyer, Moorpark	1998	2:19.8
Bolden, Santa Barbara	1985	25.3	12. Latanya Sumlin, Bakersfield	1997	2:19.9
Melanie Clarke, L.A. Valley	1990	25.3	13. Sherron Rhetta, West L.A.	2001	2:20.1
Grace Smart, Glendale	1997	25.3	14. Sherron Rhetta, West L.A.	2000	2:20.4
15. Lynette Christian, West L.A.	1994	25.4	15. Tabitha Bahurelwood, S. Barbara	1997	2:20.5
McCall, Taft	1986	25.4	16. Carol Sailer, Ventura	1981	2:20.8
Denise Peters, Allan Hancock	2000	25.4	17. Shannon Dial, Cuesta	1988	2:20.9
Nicole Rucker, L.A. Valley	1993	25.4	Latanya Sumlin, Bakersfield	1998	2:20.9
Beth Sullivan, Ventura	1982	25.4	19. Melissa McBain, Moorpark	2000	2:21.3
20. Nikwya Prevost, L.A. Valley	1991	25.5	20. Lena Daniels, Glendale	2001	2:21.5
Williams, Taft	1983	25.5			
Jennifer Willis, West L.A.	1981	25.5			

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WESTERN STATE CONFERENCE WOMEN'S TRACK AND FIELD (1981-01)

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WOMEN

1500 METERS	YEAR	TIME	5000 METERS	YEAR	TIME
1. Kathryn Krieger, Cuesta	1989	4:33.2	1. Patty Almendarez, Santa Monica	1987	17:44.8
2. Shari Ewing, Glendale	1981	4:40.8	2. Midge Arteaga, Santa Monica	1987	17:57.8
3. Elaine Campo, Santa Barbara	1983	4:41.9	3. Anne Hayden, Santa Barbara	1986	17:59.5
Lorraine Mercado, Ventura	1983	4:41.9	4. Marisol Barajas, L.A. Valley	1998	17:59.7
5. Vicki Loera, L.A. Valley	1998	4:42.0	5. Pam Boyles, Bakersfield	1989	18:00.1
6. Marisol Barajas, L.A. Valley	1998	4:43.1	6. Evelyn Silvey, Santa Monica	1988	18:05.0
7. Anne Hayden, Santa Barbara	1986	4:43.2	7. Rachel Rossbach, Ventura	1989	18:09.0

8. Emily Whitney, Glendale	1978	4:43.4	8. Kim Lorimer, Glendale	2001	18:10.3
9. Lisa Ash, Moorpark	1986	4:44.9	9. Debbie Ball, Moorpark	1988	18:11.4
10. Rhonda Ribon, Moorpark	1986	4:45.5	10. Regina Schutze, Bakersfield	1988	18:13.3
11. Kathryn Krieger, Cuesta	1988	4:45.6	11. Rachel Rossbach, Ventura	1988	18:13.5
12. Ann Gladue, Oxnard	1981	4:46.2	12. Angela Isbill, Santa Barbara	1998	18:16.7
13. Carol Werner, Santa Barbara	1982	4:48.0	13. Nicole Jimenez, Glendale	1990	18:18.1
14. Ross, Cuesta	1986	4:48.2	14. Marisol Barajas, L.A. Valley	1997	18:18.7
15. Lorraine Mercado, Ventura	1982	4:48.0	15. Jody Hay, Moorpark	2001	18:23.3
16. Melissa McBain, Moorpark	2000	4:48.5	16. Haro, Santa Barbara	1986	18:24.9
17. Gabbe Aispuro, Bakersfield	1996	4:48.8	17. Mimi Baranowski, Ventura	1987	18:31.6
18. Jennifer Overlock, Canyons	1996	4:49.4	18. Mimi Baranowski, Ventura	1988	18:32.5
19. Shannon Dial, Cuesta	1988	4:49.5	19. Auria Roberto, Glendale	1994	18:36.5
20. Deanna Feuss, Moorpark	1992	4:50.0	20. Vicki Loera, L.A. Valley	1998	18:37.9

3000 METERS	YEAR	TIME	10000 METERS	YEAR	TIME
1. Patty Almendarez, Santa Monica	1997	10:21.6	1. Angela Isbill, Santa Barbara	1998	37:28.0
2. Pam Boyles, Bakersfield	1990	10:21.7	2. Kim Lorimer, Glendale	2001	37:48.9
3. Rachel Rossbach, Ventura	1989	10:22.8	3. Jody Hay, Moorpark	2001	37:56.7
4. Anne Hayden, Santa Barbara	1986	10:26.0	4. Liz North, Santa Barbara	1996	39:00.2
5. Nancy Bowman, Taft	1985	10:26.4	5. Latanya Sumlin, Bakersfield	1998	39:16.4
6. Evelyn Silvey, Santa Monica	1988	10:29.1	6. Wendy Vallejo, L.A. Valley	1997	39:54.6
7. Lorraine Mercado, Ventura	1983	10:30.0	7. Angela Isbill, Santa Barbara	1997	39:57.7
8. Marisol Barajas, L.A. Valley	1997	10:30.7	8. Meredith Christian, Bakersfield	1998	40:06.0
9. Midge Arteaga, Santa Monica	1987	10:31.0	9. Kim Lorimer, Glendale	2000	40:09.5
10. Ann Gladue, Oxnard	1981	10:32.7	10. Wendy Vallejo, L.A. Valley	1996	40:12.0
11. Debbie Ball, Moorpark	1988	10:34.6	11. Jeanene Gerry, Moorpark	2001	40:22.9
12. Haro, Santa Barbara	1986	10:35.0	12. Monica Landa, Santa Monica	1996	40:49.1
13. Beth Milewski, Ventura	1979	10:35.6	13. Tracy Bowling, Bakersfield	1999	40:57.0
14. Regina Schutze, Bakersfield	1988	10:37.1	14. Jeanene Gerry, Moorpark	2000	41:06.7
15. Lori Montoya, Ventura	1990	10:38.2	15. Nancy Lopez, Glendale	2000	41:15.5
16. Kim Lorimer, Glendale	2001	10:39.4	16. Gladis Martinez, Glendale	2001	42:43.6
17. Lisa Ash, Moorpark	1986	10:39.6	17. Nancy Lopez, Glendale	2001	43:06.2
Kim Lorimer, Glendale	2000	10:39.6	18. Anna Rios, Bakersfield	1999	43:25.2
19. Tricia Mathiesen, Moorpark	1990	10:42.4	19. Melissa Bonds, Moorpark	1999	43:35.4
20. Nicole Jimenez, Glendale	1990	10:43.0	20. Sarah Phillips, Canyons	1996	43:46.6
21. Ross, Cuesta	1986	10:44.0			

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WESTERN STATE CONFERENCE WOMEN'S TRACK AND FIELD (1981-01)

WOMEN

100 METER HURDLES	YEAR	TIME	400 METER RELAY	YEAR	TIME
1. Aladrian Hunter, West L.A.	1982	13.9	1. West L.A.	1981	47.6
2. LaTanya Davenport, Santa Monica	1992	14.2	2. Santa Monica	1987	47.8
3. Tawney Singleton, Ventura	1982	14.7	3. Compton	1978	48.0
Tina Watkins, Bakersfield	1997	14.7	4. West L.A.	1982	48.1
5. LaTanya Davenport, Santa Monica	1990	14.8	5. Santa Monica	1994	48.2
Aisha Harrison, Bakersfield	1997	14.8	6. L.A. Valley	1993	48.3
Shannon Livingston, Moorpark	1999	14.8	7. Bakersfield	1997	48.4
Tawney Singleton, Ventura	1981	14.8	Santa Monica	1993	48.4
9. Renee Hembree, Moorpark	1986	14.9	9. Taft	1986	48.6
Shiana Mosby, Bakersfield	1988	14.9	West L.A.	2000	48.6

	Tina Watkins, Bakersfield	1996	14.9	11. West L.A.	2001	48.7
12.	Geri Courtwright, Oxnard	1987	15.0	12. Cuesta	1986	48.9
	Shannon Livingston, Moorpark	1998	15.0	L.A. Valley	1992	48.9
	Julie Rosemond, Ventura	1986	15.0	14. Bakersfield	1987	49.0
15.	Rene Dorsey, Santa Monica	1988	15.1	15. Glendale	1981	49.1
16.	Vanitta Kinard, Santa Monica	1995	15.2	L.A. Valley	1991	49.1
	Lynne Wingle, Moorpark	1982	15.2	Santa Monica	1995	49.1
18.	Valerie Simpson, Santa Barbara	1987	15.3	18. Bakersfield	1989	49.2
	Laura Swan, L.A. Trade Tech.	1981	15.3	Santa Barbara	1992	49.2
	Lynne Wingle, Moorpark	1981	15.3	Santa Monica	1989	49.2
				Ventura	1983	49.2

400 INTERMEDIATE HURDLES	YEAR	TIME	1600 METER RELAY	YEAR	TIME
1. Yvette Irons, Glendale	1981	1:03.9	1. West L.A.	2001	3:57.9
2. Tawney Singleton, Ventura	1981	1:04.0	2. Moorpark	1998	3:58.1
3. Carole Sanders, Compton	1979	1:04.4	3. L.A.Valley	1992	3:58.2
4. Binns, Cuesta	1985	1:04.7	4. West L.A.	2000	3:58.3
5. Chelsea Christensen, Moorpark	1998	1:04.8	5. Ventura	1977	4:00.1
6. Monique Jessie, West L.A.	2001	1:04.9	6. Cuesta	1985	4:01.0
7. Tawney Singleton, Ventura	1982	1:05.0	7. West L.A.	1982	4:01.7
8. LaTanya Davenport, Santa Monica	1992	1:05.2	8. Cuesta	1985	4:01.8
9. Glory Dolphin, Santa Monica	1994	1:05.3	9. Bakersfield	1997	4:02.2
Angie Grah, Bakersfield	1997	1:05.3	10. Santa Monica	1994	4:03.5
Vanitta Kinard, Santa Monica	1995	1:05.3	11. Santa Barbara	1992	4:04.3
Erin Stewart, Bakersfield	2000	1:05.3	12. L.A. Valley	1993	4:04.4
13. Binns, Cuesta	1986	1:05.4	13. Glendale	1996	4:04.8
14. Renee Castello, Santa Barbara	1999	1:05.9	14. Moorpark	1989	4:05.3
15. Jessica Miceli, Santa Barbara	1998	1:06.1	15. Cuesta	1988	4:05.4
Susie Tasso, Glendale	1981	1:06.1	16. Ventura	1984	4:05.5
17. Denaye Lakotich, Moorpark	1999	1:06.2	17. Bakersfield	1996	4:05.7
Alicia Ross, West L.A.	2000	1:06.2	18. Taft	1985	4:05.9
19. Denise Graham, Ventura	1989	1:06.6	19. Cuesta	1992	4:06.4
20. Susie Tasso, Glendale	1982	1:06.8	Moorpark	1985	4:06.4
21. Vanitta Kinard, Santa Monica	1994	1:06.9	Moorpark	1999	4:06.4
22. Glory Dolphin, Santa Monica	1993	1:07.0			
Trisha Palmquist, Moorpark	1997	1:07.0			
24. Julie Solis, Moorpark	1993	1:07.1			
25. Melinda Frey, Glendale	1996	1:07.2			
Heather Hangar, Moorpark	1995	1:07.2			

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WESTERN STATE CONFERENCE WOMEN'S TRACK AND FIELD (1981-01)

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JAVELIN	YEAR	FEET	DISCUS	YEAR	FEET
1. Donna Mayhew, Glendale	1978	161-10	1. Shelaine Larson, Moorpark	2001	150-8
2. Nicole Force, Oxnard	1991	132-2	2. Laura Teve, Citrus	2001	146-4
3. Kate Stoll, Canyons	1994	131-9	3. Julie Flynn, Glendale	1979	142-3
4. Chris Wheeler, Santa Barbara	1981	129-10	4. Misako Hampton, Bakersfield	1993	137-1
5. Karen Myers, Glendale	1989	129-3	5. Amy Blackburn, Ventura	1995	136-9
6. Ellen Gallagher, Glendale	1981	125-7	6. Dolores Tuimoloau, Ventura	1996	134-6
7. Susan Black, L.A. Valley	2000	123-1	7. Amy Blackburn, Ventura	1994	134-0
8. Alyssa Van Schmus, Cuesta	1992	122-2	8. Misako Hampton, Bakersfield	1994	132-2.75
9. Dee Carroll, Moorpark	1987	121-10	9. Marcy Cochran, Ventura	1991	132-2
10. Rose Ballesteros, Citrus	2000	121-4	10. Jennifer Wright, Cuesta	1997	130-10
Laura Ybarra, Moorpark	1982	121-4	11. Helen Dijkstra, Bakersfield	1993	130-7
12. Jennifer Stewart, L.A. Valley	1991	121-0	12. Helen Dijkstra, Bakersfield	1994	130-3.25
13. Heather Hunt, Bakersfield	2001	120-11	13. Chris Wheeler, Santa Barbara	1981	130-0
14. Heather Hunt, Bakersfield	2000	120-6	14. Michelle Cortez, Bakersfield	1990	129-8
15. Jennifer Stewart, L.A. Valley	1993	120-4	15. Emmy Vargas, L.A. Valley	1997	127-7

16. Alison Oliver, Glendale	1993	119-5	16. Laura Rice, Santa Barbara	1984	127-4
17. Ward, Bakersfield	1998	119-0	17. Xena Kistler, Ventura	1982	127-2
Lynne Wingle, Moorpark	1981	119-0	18. Amber Varner, Bakersfield	2001	125-3
19. Julia Turing, Cuesta	1988	118-3	19. Lara Newell, Cuesta	1994	124-5.75
20. Carol Mills, Ventura	1984	118-2.5	20. Brandi Smith, Bakersfield	1995	124-4
			21. Gladys Wooten, Compton	1982	123-10
			22. Marcy Cochran, Santa Barbara	1989	123-9
			Kim Righetti, Ventura	1996	123-9
			24. Michelle Cortez, Bakersfield	1989	123-3
			25. Tammy Villancourt, Moorpark	1994	122-10

SHOT PUT	YEAR	FEET	HAMMER	YEAR	FEET
1. Dolores Tuimoloau, Ventura	1996	47-2.5	1. Amy Thiel, Moorpark	2000	178-4
2. Dolores Tuimoloau, Moorpark	1998	44-7.5	2. Angela Foster, Moorpark	2000	175-11
3. Shelaine Larson, Moorpark	2001	44-4.5	3. Shannon Daniels, Citrus	2001	170-3
4. Cheyenne Price, Santa Monica	2001	43-9.5	4. Shelaine Larson, Moorpark	2001	151-1
5. Amber Varner, Bakersfield	2001	42-9	5. Carla Nakashima, Bakersfield	1997	147-10
6. Diane Amborn, Canyons	1980	42-6.25	6. Angela Foster, Moorpark	1999	145-6
7. Elena Carmona, Bakersfield	1991	42-5.25	7. Amanda Harvey, Bakersfield	2000	143-0
8. Lara Newell, Cuesta	1994	42-3	8. Marnie Perry, Bakersfield	1999	142-2
9. Emmy Vargas, L.A. Valley	1997	41-8	9. Aubri Preslar, Bakersfield	1999	140-11
10. Michelle Cortez, Bakersfield	1990	41-4.5	10. Marnie Perry, Bakersfield	2000	140-5
11. Laura Tave, Citrus	2001	41-0.75	11. Rose Ballesteros, Citrus	2000	139-9
12. Amanda Harvey, Bakersfield	1999	41-0	12. Carolyn Abney, Bakersfield	2000	136-9
13. Michelle Cortez, Bakersfield	1989	40-9	13. Carla Nakashima, Bakersfield	1996	136-6
14. Lamechia McDermott, S. Monica	1996	40-8.5	14. Laura Tave, Citrus	2001	135-0
15. Jennifer Wright, Cuesta	1997	40-5.25	15. Jennifer Wright, Cuesta	1997	134-7
16. Misako Hampton, Bakersfield	1994	40-4.5	16. Amanda Harvey, Bakersfield	1999	134-2
17. Mandy Clark, Bakersfield	1999	39-9	17. Lisa Rosales, Ventura	2000	133-8
18. Misako Hampton, Bakersfield	1993	39-8	18. Crystal Diaz, Moorpark	2001	133-1
19. Linda Benioff, Glendale	1988	39-7	19. Amber Varner, Bakersfield	2001	131-6
20. Linda Benioff, Glendale	1989	39-4.5	20. Aubrey Stinson, Bakersfield	1998	131-0
21. Beth Foster, Ventura	1998	39-4	21. Gina Houlemard, Cuesta	1999	130-6
22. Andria Brown, Bakersfield	1996	39-3.25	22. Amanda Grubb, Moorpark	1999	130-2
23. Shannon Daniels, Citrus	2001	39-1.25	23. Aubrey Stinson, Bakersfield	1998	129-10
24. Marnie Perry, Bakersfield	1999	39-0.5	24. She Randle-Burgess, Bakersfield	1997	129-5
Tyson, Santa Barbara	1985	39-0.5	25. Amanda Grubb, Moorpark	1998	127-9
			26. Dolores Tuimoloau, Moorpark	1998	127-1
			27. Jaci Long, Bakersfield	1999	126-2
			28. Mandy Clark, Bakersfield	1999	125-7
			29. Laura Tave, Citrus	2000	122-1
			30. Tracey Baylis, Moorpark	2001	121-7

WESTERN STATE CONFERENCE WOMEN'S TRACK AND FIELD (1981-01)

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WOMEN

LONG JUMP	YEAR	FEET	HIGH JUMP	YEAR	FEET
1. Vanitta Kinard, Santa Monica	1995	19-4.25	1. Vicki Marquez, Ventura	1977	5.75
2. Lynette Christian, West L.A.	1994	18-9.75	2. Renee Castelo, Santa Barbara	1999	5-6
3. Cindy Johnson, Santa Monica	1987	18-9	Jennifer Stewart, L.A. Valley	1991	5-6
4. Anicia Rimm, Ventura	1998	18-6.5	4. Howland, Moorpark	1986	5-5
5. Vanitta Kinard, Santa Monica	1994	18-6	5. Renee Castelo, Santa Barbara	1998	5-4
6. Geri Courtwright, Oxnard	1987	18-5.75	Renee Dabney, Santa Monica	1988	5-4
7. Glory Dolphin, Santa Monica	1993	18-5	Escobar, Santa Monica	1995	5-4
8. Damita Warren, Bakersfield	1987	18-4.5	Bianca Howard, Glendale	1989	5-4
9. Stacy Peterson, Santa Barbara	1991	18-4	Jones, Bakersfield	1998	5-4
10. Jennifer Frank, Cuesta	1995	18-3.25	Krystal Kirkland, Bakersfield	1992	5-4
11. Aisha Harrison, Bakersfield	1997	18-2.5	Bonnie Mathews, Santa Barbara	1990	5-4
Anicia Rimm, Ventura	1997	18-2.5	Lori Mertes, L.A. Valley	1991	5-4
Julia Turing, Cuesta	1988	18-2.5	Tee Noble, Ventura	2000	5-4
14. Debbi Davidson, Moorpark	1985	18-2	Noble, Moorpark	1998	5-4
Carol Sanders, Compton	1979	18-2	Jennifer Stewart, L.A. Valley	1993	5-4
16. Carol Mills, Ventura	1984	18-1.5	Swett, Santa Barbara	1986	5-4

17. Heidi Dahlke, Santa Barbara	1986	18-0	Kacy Twist, Bakersfield	1989	5-4
18. Laya, Cuesta	1986	17-11.5	Kathy Watson, West L.A.	1996	5-4
19. Escobar, Santa Monica	1995	17-9.25	19. many at		5-2
20. Melanie Clark, L.A. Valley	1991	17-9			

TRIPLE JUMP	YEAR	FEET	POLE VAULT	YEAR	FEET
1. Vanitta Kinard, Santa Monica	1995	39-4.5	1. Dawn Dvorak, Antelope Valley	2000	10-6
2. Vanitta Kinard, Santa Monica	1994	38-9.5	Susanna Kassab, Citrus	2000	10-6
3. Allison Walker, Bakersfield	1987	38-6.75	Shawna Peterman, Cuesta	2000	10-6
4. Glory Dolphin, Santa Monica	1994	38-4.5	4. Shawndalyn Catlett, Allan Hancock	2001	10-0
5. Aisha Harrison, Bakersfield	1997	38-0.5	Shawna Peterman, Cuesta	1999	10-0
6. Marji Gilles, Glendale	1989	37-7.25	6. Pepper Reed, Bakersfield	1999	9-6
7. Aisha Harrison, Bakersfield	1996	37-6.5	7. Anna Kartiala, Canyons	2000	9-0
8. Ika Eliashvilla, Moorpark	1999	37-3.5	8. Katie Atkinson, Citrus	1999	8-6
9. Cathy Espinoza, Ventura	1986	37-3	Michelle Cristofani, Santa Monica	2000	8-6
10. Carol Myszkowski, Moorpark	1990	37-0	Chris Jacobsen, Santa Barbara	1999	8-6
11. Marji Gilles, Glendale	1990	36-10	Denaye Lakotich, Moorpark	1999	8-6
12. Shiana Mosby, Bakersfield	1988	36-8.5			
Patricia Walker, Santa Monica	1988	36-8.5			
14. Debbi Davidson, Moorpark	1985	36-8			
15. Buenavacz, West L.A.	1991	36-7.5			
Krystal Kirkland, Bakersfield	1992	36-7.5			
17. Glory Dolphin, Santa Monica	1993	36-6			
18. Ericka Wilson, West L.A.	2000	36-3.25			
19. Stacy Peterson, Santa Barbara	1991	36-1.75			
20. Renee Hembree, Moorpark	1986	36-1			
21. Laya, Cuesta	1986	35-11			
Jennifer Mattice, Cuesta	2000	35-11			

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WESTERN STATE CONFERENCE WOMEN'S TRACK AND FIELD (1981-01)

ATHLETES OF THE YEAR

1981	Tawney Singleton, Ventura
1982	Tawney Singleton, Ventura
1983	Carol Mills, Ventura
1984	Carol Mills, Ventura
1985	Nancy Bowman, Taft
1986	Anne Hayden, Santa Barbara
1987	Patty Almdarez, Santa Monica
1988	Kathryn Krieger, Cuesta
	Julia Turing, Cuesta
1989	Michelle Cortez, Bakersfield
	Kathryn Krieger, Cuesta
1990	Pam Boyles, Bakersfield
	Melanie Clarke, L.A. Valley
1991	Melanie Clarke, L.A. Valley
1992	LaTanya Davenport, Santa Monica
	Krystal Kirkland, Bakersfield
1993	Githa Hampson, Santa Monica
	Glory Dolphin, Santa Monica
1994	Lynette Christian, West L.A.
	Auria Roberto, Glendale

COACHES OF THE YEAR

no award given
no award given
Tuck Mason, Ventura
Tuck Mason, Ventura
Darrell Rich, Cuesta
Manuel Trevino, Moorpark
Anna Biller, Santa Monica
Darrell Rich, Cuesta
Pam Kelly, Bakersfield
Pam Kelly, Bakersfield
Doris Castaneda, L.A. Valley
Tina Garcia, Moorpark
Tommie Smith, Santa Monica
Tommie Smith, Santa Monica

1995	Vanitta Kinard, Santa Monica Josephina Sanchez, Ventura	Manuel Trevino, Moorpark
1996	Wendy Escobar, Santa Monica Gabbe Aispuro, Bakersfield	Pam Kelly, Bakersfield
1997	Aisha Harrison, Bakersfield Marisol Barajas, L.A. Valley	Pam Kelly, Bakersfield
1998	Jessica Miceli, Santa Barbara Latanya Sumlin, Bakersfield	Doni Green, Moorpark
1999	Tracy Bowling, Bakersfield Renee Castelo, Santa Barbara	Doni Green, Moorpark
2000	Amy Thiel, Moorpark Sherron Rhetta, West L.A.	Ray Beaton, West L.A.
2001	Kim Lorimer Glendale Shelaine Larson, Moorpark	Doni Green, Moorpark

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