

# Unit Assessment Report - Four Column

## Ventura College

### Program (CKAO) - Kinesiology

**Program Description:** The Kinesiology degree and classes offer students an opportunity to enrich their education with emphasis on improved individual physical well-being as well as to prepare students for transfer to bachelor's degree programs in Kinesiology, Exercise Science, Physical Education, Physical Therapy, Athletic Training, Coaching and Fitness Management. Students may obtain an Associate in Arts in Kinesiology for Transfer and optimize preparation for advanced degrees in Kinesiology at four-year institutions. Typical employment opportunities in the field are in the areas of teaching, coaching, personal or group training, fitness instruction, fitness specialists, physical therapy assistants, recreation, as well as managerial positions in athletics and recreation centers.

PSLOs	Assessment Methods & Performance Target / Tasks	Findings	Initiative & Closing the Loop
<p>Program (CKAO) - Kinesiology - PSLO-1 - Explore transfer and career opportunities in the multi-faceted field of kinesiology.</p> <p><b>PSLO Assessment Cycle:</b> 201703 (Spring 2017)</p> <p><b>Start Date:</b> 01/05/2015</p> <p><b>PSLO Status:</b> Active</p>			
<p>Program (CKAO) - Kinesiology - PSLO-2 - Design a lifelong fitness program including the five components of physical fitness.</p> <p><b>PSLO Assessment Cycle:</b> 201507 (Fall 2015)</p> <p><b>Start Date:</b> 08/24/2015</p> <p><b>PSLO Status:</b> Active</p>	<p><b>Assessment Tool:</b> Students will perform activities in class.</p> <p><b>Assessment Type:</b> Performance</p> <p><b>Performance Target:</b> 75% of students will earn a C or higher.</p>	<p>05/13/2015 - Several KIN courses assessed this PSLO in Spring 2015. Students successfully met the target of a C or better. Courses had success rates of a B or higher.</p> <p><b>Target Met:</b> Yes</p> <p><b>Reporting Period:</b> 201507 (Fall 2015)</p> <p><b>Modality:</b> Face to Face</p> <p><b>Suggestions from Faculty:</b> none</p> <p><b>Related Documents:</b> <a href="#">PSLO Rubric</a></p>	<p>05/13/2015 - Discussion among faculty to potentially increase target expectations.</p>
<p>Program (CKAO) - Kinesiology - PSLO-3 - Demonstrate personal fitness goal achievement.</p> <p><b>PSLO Assessment Cycle:</b> 201603 (Spring 2016)</p> <p><b>Start Date:</b> 01/12/2015</p>			

PSLOs	Assessment Methods & Performance Target / Tasks	Findings	Initiative & Closing the Loop
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**PSLO Status:**

Active